Zeitgeist
Fall 2026

Zeitgeist brings a practical and direct approach to nonfiction, with consumer-needs driven books that inform, inspire, and activate people's commitment to improving their lives. Zeitgeist offers accessible content, tools, and expertise across a wide range of practical nonfiction, including health, wellness, diet, cookbooks, parenting, pregnancy, spirituality, and much more.

Aíza, Natalia
SELF-GUIDED EMDR WORKBOOK
Step-by-Step Techniques to Process Trauma and Calm Your Nervous System
September 29, 2026
Trade Paperback Original

Andrews, Julie
EASY ANTI-INFLAMMATORY DIET AIR FRYER COOKBOOK
Clean and Quick Recipes to Fight Inflammation for Whole-Body Health
October 27, 2026
Trade Paperback Original

Andrews, Julie
HIGH-PROTEIN MEAL PREP COOKBOOK
Prep Once, Eat Well All Week
December 8, 2026
Trade Paperback Original

Bailey, Chris; and Jamie Bailey
WALK TOGETHER WITH JESUS
A Couple's Bible Study
December 8, 2026
Trade Paperback Original

Basile, Drew
TWO TRUTHS AND A LIE
Fun Facts, Unusual Knowledge, and Trivia to Test Your Wits
October 13, 2026
Trade Paperback Original

Daly, Lindsey
WOULD YOU RATHER? GIRLS EDITION
A Laugh-Out-Loud Game of Friends, Favorites, and Fun
August 25, 2026
Trade Paperback Original

Demyanovich, Julie
THE ULTIMATE STRESS RELIEF ADULT ACTIVITY BOOK
Cozy Coloring, Word Searches, Sudoku, Crosswords, Acrostics, Mazes, and More
October 27, 2026
Trade Paperback Original

Hokkyoku, Mag
STRANGE KAWAII
A Cute and Curious Coloring Book for Adults and Teens
November 17, 2026
Trade Paperback Original

Imanishi, Naoya
THE CODEBREAKERS CLUB SOLVE THE MYSTERY OF THE MISSING MATH TROPHY
150+ Math and Logic Puzzles
November 17, 2026
Trade Paperback Original

Jarén, Ana
LARGE PRINT COLORING BOOK FOR RELAXATION
Bold and Easy Vintage Travel Posters
December 8, 2026
Trade Paperback Original

Lee, Helen H.
WALK WITH JESUS BIBLE STUDY CARDS
A Year of Teachings and Scriptures to Grow in Faith and Love
September 8, 2026
Card Deck

McKay, Autumn
THE ULTIMATE TODDLER ACTIVITY BOOK
Fun Learning Activities to Do at Home or Preschool
December 8, 2026
Trade Paperback Original

Norris, Emily
MY FIRST PIANO LESSONS LEVEL 2
Fun, Easy-to-Follow Instructions for Kids: Play with Both Hands!
October 7, 2026
Trade Paperback Original

Plate, Jeff
PORCELAIN UNIVERSITY: BATHROOM BOOK 101
Quick, Surprising Facts to Learn While You Sit
November 10, 2026
Trade Paperback Original

Rajbhandari, Abha Karki
THE CONSCIOUSNESS SHIFT
Simple Practices to Awaken to the World Around You
December 8, 2026
Trade Paperback Original

Rust, Brittany
PRETEEN DEVOTIONAL FOR GIRLS CARDS
Encouraging Bible Verses, Devotions, and Prayers for Tweens
October 27, 2026
Card Deck

Rycroft, Lucy
GOD IS THERE FOR ME WHEN I FEEL…
Bible Verse Cards for Kids' Big Feelings
November 3, 2026
Card Deck

Sharp, Emily
GUIDED ART THERAPY CARD DECK FOR CONNECTION
75 Activities for Bonding, Shared Reflection, and Communication
November 17, 2026
Card Deck

Stok, Sasha
SELF-GUIDED SOMATIC THERAPY WORKBOOK
Step-by-Step Exercises to Regulate Your Nervous System
September 15, 2026
Trade Paperback Original

Tarr, Kaitlin
TRIVIA CHALLENGE FOR SENIORS
Quiz Yourself with a Variety of Entertaining, Memory-Boosting Questions
November 17, 2026
Trade Paperback Original

Zeitgeist
THE BIG MAZE ACTIVITY BOOK
120 Fun Challenges for Kids from Easy to Tricky (Ages 4-8)
November 24, 2026
Trade Paperback Original

Zeitgeist
ULTIMATE CHRISTMAS ACTIVITY BOOK
120 Holiday Mazes, Dot-to-Dots, Coloring Pages, Stickers, and More!
November 10, 2026
Trade Paperback Original

Zeitgeist
WOULD YOU RATHER? BIBLE CARD GAME
Bible Fun for Kids and the Whole Family
October 13, 2026
Card Deck

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