

# 2026 LONDON RIGHTS GUIDE

Tarcher



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## SELF-HELP & PSYCHOLOGY



**Banks, Kelly**

### **THE ART OF CHAOTIC DISCIPLINE**

Self-Help - Self-Management | **Tarcher Hardcover** | May 2027 | **Translation Rights**

Agent: Sally Ekus @ Jean V. Nagggar Literary Agency | **Editor: Lauren O'Neal**

Status: Proposal available; manuscript available June 2026



**THE ART OF CHAOTIC DISCIPLINE** starts from a radical premise: “Productivity” books don’t work for everyone because everyone’s brains aren’t the same. It’s natural to have bursts of activity (fire days) followed by less fruitful days (potato days). In this fresh, exciting book, Kelly Banks offers readers a new paradigm of getting things done she calls chaotic discipline. Blending psychological insight, flexibility, permission to chill, and evidence-based strategies, she presents a sustainable, affirming way to work with our natural rhythms (not against them) and rebuild our relationship to productivity and motivation. The result is a compassionate framework that replaces shame with recovery and self-trust.

**Kelly Banks** is a writer, creator, ADHD coach, and former mental health provider with a master’s degree in social work and social policy from the University of Michigan. She draws on her clinical background and lived experience as an ADHDer to coach adults who have been failed by traditional models of productivity and discipline, offering sustainable strategies rooted in flexibility and emotional safety.

#### **Rights sold:**

UK & Commonwealth – Ebury

Complex Chinese – Commonwealth Magazine

Korean – Bookie

Portuguese (in Brazil) – Fontanar

Spanish – PRH Mexico



**Boyer, Alissa**

### **NOT TOO SENSITIVE**

Self-Help | **Tarcher Hardcover** | May 2027 | **UK & Translation Rights**

Agent: Tess Callero @ Europa Content | **Editor: Anna Paustenbach**

Status: Manuscript available April 2026



**NOT TOO SENSITIVE** is a guided roadmap for the highly sensitive person, where you’ll first uncover your Sensitive Shadow Archetype and learn actionable and practical ways to use sensitivity as a superpower in everyday life. Through a mix of client stories, personal stories, and research on the trait of high sensitivity, you’ll walk away from this book feeling empowered, excited, and proud to be a highly sensitive person. With prescriptive, tangible advice, you’ll know the exact steps needed to break through your blocks and use your sensitivity as a strength to not only improve your life, but uplift the collective, too.

**Alissa Boyer** is a Mentor for Highly Sensitive People (HSPs) with a passion for helping fellow HSPs learn how to unapologetically embrace their sensitivity and leverage it as a strength in their lives. She’s the creator of the Sensitive Archetypes, founder of the Not Too Sensitive™ Club, and host of the Not Too Sensitive™ Podcast.



**Bryant-Davis, Thema**

**BEHIND THE MASK**

Self-Help | **Tarcher Hardcover** | May 2027 | **UK & Translation Rights**

Agent: Chris Park @ DeFiore And Company | **Editor: Marian Lizzi**

Status: Manuscript available July 2026



**BEHIND THE MASK** is an empowering guide to recognizing and addressing the many hidden ways anxiety can show up in our lives, featuring illuminating stories and practical advice.

**Dr. Thema Bryant** is a clinical psychologist, 2023 president of the American Psychological Association, and author of *HOMECOMING*. She is also a professor of psychology at Pepperdine University and an ordained minister in the African Methodist Episcopal Church. Dr. Thema earned her doctorate from Duke University and completed her postdoctoral training at Harvard Medical School. With more than twenty years of experience in trauma recovery, she has appeared as a mental health expert on television, radio, and print media. Dr. Thema raises awareness about mental health issues on *The Homecoming Podcast* and her social media platforms.

**Publishers of *HOMECOMING* (Tarcher, 2022):**

Arabic— Jarir Bookstore

Portuguese (Brazil)—Editora Alta Books

Turkish— Destek Yapim Prodüksiyon Dis Ticare



**Cassetta, Jennifer**

**SECRETS OF THE SENSEI**

Self-Help - Motivational & Inspirational | **Tarcher Hardcover** | February 2027 | **UK & Translation Rights**

Agent: Michelle Martin @ MDM Management, LLC | **Editor: Batya Rosenblum**

Status: Manuscript available



Black belts move through the world differently than most. They navigate life with an enhanced awareness of themselves and others, and they remain steady and grounded through turmoil. In **SECRETS OF THE SENSEI**, 3<sup>rd</sup> degree black belt Jennifer Cassetta shares ancient secrets to help you stay upright when life goes sideways, with real-world examples, step-by-step guidance, and visualization exercises in this book.

These lessons in mental and spiritual self-defense have been passed down by generations of teachers and masters, and they're just as applicable today as they were in the 16<sup>th</sup> century. Learning the secrets of the sensei will help you break through and elevate to the next level of consciousness, confidence, and courage. You'll find peace in the midst of chaos and direction when you are uncertain, giving you the strength to follow your dreams.

**Jennifer Cassetta** is a nationally recognized speaker, podcast host, author, self-defense expert, high performance coach, and author of *The Art of Badassery: Unleash Your Mojo With Wisdom of the Dojo*. Equipped with her 3<sup>rd</sup> degree black belt in HapKiDo, a master's degree in nutrition, certifications in health coaching, high performance coaching, and Neuro Linguistic Programming, and over 25 years of experience coaching clients to better mental and physical health, Jennifer takes the mic at conferences, corporations and on her growing podcast, *The Art of Badassery with Jenn Cassetta*. She lives and breathes a life dedicated to helping people realize and regain their true power, especially if they have lost it along the way.



**Chalupa, Andrea**  
**A REASONABLE GUIDE FOR UNREASONABLE WOMEN: 20 Steps to Find Your Purpose and Ignite Your Power**  
 Self-Help - Creativity | **Tarcher Hardcover** | November 2026 | **UK & Translation Rights**  
 Agent: Susan Raihofer @ David Black Agency | **Editor: Marian Lizzi**  
 Status: Manuscript available



Written by journalist, filmmaker, and popular podcast host Andrea Chalupa, **REASONABLE ADVICE FOR UNREASONABLE WOMEN** is an inspiring resource for women of all ages and stages to overcome the war on women and the undermining obstacles in their lives to build a better future for themselves and the communities they love. With a mix of personal insights with practical advice, this book is a manifesto for staying grounded and radiating defiant joy amidst the chaos, disinformation, and gaslighting of our time. Whether you're building a business, launching a passion project, navigating uncertainty, unlearning internalized patriarchy, or caught in a riptide of self-doubt, this book will help you harness your creative power for good.

**Andrea Chalupa** is a Brooklyn-based journalist, author, and filmmaker with an unwavering belief in the power of unreasonable women. As the host and producer of the acclaimed podcast *Gaslit Nation*—a Webby Award Honoree—Andrea is a powerful advocate for civic action, confronting authoritarianism, corruption, and injustice head-on. She is a frequent speaker on resisting extremism and safeguarding democracy, and her books, films, podcasts, and insights have been featured on *MSNBC*, *The New York Times*, *PBS*, *The Washington Post*, *The New Yorker*, *The Atlantic*, and elsewhere.



**Fishell, Katy**  
**SEX IS WEIRD**  
 Self-Help - Sexuality | **Tarcher Trade Paperback** | August 2027 | **UK & Translation Rights**  
 Agent: Arlie Johansen @ Aevitas Creative Management | **Editor: Lauren Appleton**  
 Status: Sample pages available April 2026; manuscript available August 2026



**SEX IS WEIRD** is a graphic memoir about the weird things we do when we're young and first exploring the ideas of sex, love, and puberty. It follows the author's story from around 9 years old and on, interspersing stories from other people of different genders, sexualities, and cultures, and going through her teen years and college. The themes in the book become more grown up as the story goes on, evolving from Big Mouth-style exploits and embarrassments to the real implications of what sex means for relationships—and the sometimes-scary situations one may find themselves in.

**Katy Fishell** is a comedy writer and cartoonist based in Los Angeles. She is currently working on a tv show based on her **SEX IS WEIRD** Instagram comics for Adult Swim and has an animated feature in development with Mike Judge and Greg Daniels attached as co-producers.



**Frank, Britt LCSW**

**SHAME SPIRAL: A New Way to Rise When All You Want to Do Is Hide**

Self-Help | **Tarcher Hardcover** | September 2027 | **UK & Translation Rights**

Agent: Rachel Beck @ Liza Dawson Associates | **Editor: Marian Lizzi**

Status: Proposal and early chapters available April 2026; manuscript available October 2026



In **SHAME SPIRAL**, Britt Frank presents an empowering paradigm for understanding and working through shame. Instead of trying to heal it, fix it, or release it, Britt teaches us how to train ourselves to transform it. In this next book, she combines her trademark relatable voice and stories with research-based therapy tools and insights.

**Britt Frank, LCSW**, is a clinician, speaker, and trauma specialist, and the author of *Align Your Mind*, *The Science of Stuck* and *The Getting Unstuck Workbook*. Her work has been featured by NPR, *Forbes*, *Esquire*, *New York* magazine, and *The New York Times*.

**Publishers of ALIGN YOUR MIND (Tarcher, 2025):**

UK & Commonwealth – Headline

Chinese simplified – Beijing Science and Technology Publishing

Romanian – Curtea Veche Publishing SRL

Spanish – Editorial Planeta Mexicana

**Publishers of THE GETTING UNSTUCK WORKBOOK (Tarcher, 2024):**

UK & Commonwealth – Headline

**Publishers of THE SCIENCE OF STUCK (Tarcher, 2022):**

UK & Commonwealth – Headline

Arabic – Dar Altanweer

Chinese simplified – Beijing Guangchen Culture Communication

Chinese complex – Babel Publishing Group

Korean – Next Wave Media

Polish – ANNA ROGALA SPÓLKA KOMANDYTOWA

Romanian – Curtea Veche Publishing SRL

Russian – Limited Company

Spanish – Editorial Planeta Mexicana

Turkish – Serenad Yayınevi Ticaret ve Sanayi



**L'Etang, Katherine**

**ACTUALLY, I'M AUSTIC: Relatable Advice from a Late-Diagnosed Woman Who Couldn't Mask Forever**

Psychology | **Tarcher Hardcover** | November 2026 | **UK & Translation Rights**

Agent: Trinity McFadden @ The Bindery LLC | **Editor: Lauren O'Neal**

Status: Manuscript available



The more we learn about autism, the more we see how it affects girls and women in ways that might look different from what we've been taught to expect. More women are realizing that because they didn't fit certain stereotypes, they missed out on an accurate diagnosis that would have helped them understand who they were and seek the support they needed. Instead, they've lived their whole lives behind a mask, trying to act neurotypical when they are, as the popular hashtag says, #ActuallyAutistic. One of those women is Katherine L'Etang, aka @TheNeurodiversityMom. It wasn't until her children were diagnosed with ADHD and autism that she realized she was neurodivergent too. Since then, she's been on a journey of self-discovery and healing, sharing her insights with her online community along the way.

**Katherine L'Etang**, also known as [@TheNeurodiversityMom](#), is a late-diagnosed autistic and ADHD content creator who has made it her mission to provide community, inclusion, and acceptance to anyone who is neurodivergent or raising neurodivergent kids. She lives in British Columbia, Canada, with her husband and two kids.



**McFadden, Julie**

**UNTITLED ON LIFE LESSONS**

Self-Help | **Tarcher Hardcover** | June 2027 | **Translation Rights**

Agent: Trinity McFadden @ The Bindery | **Editor: Marian Lizzi**

Status: Manuscript available July 2026



In Hospice Nurse Julie’s first book, a *New York Times* instant bestseller, she demystified end-of-life care for both patients and caregivers, so they could die well. In her new book, Julie writes to those who want to live well, with no regrets, sharing lessons from her own life and those she has cared for.

**Julie McFadden, RN**, is the bestselling author of *Nothing to Fear* and a hospice/palliative care nurse with more than fifteen years of experience. Passionate about normalizing death and dying, she has more than one million followers on TikTok as [@hospicenursejulie](https://www.tiktok.com/@hospicenursejulie). She has been featured in *Newsweek*, *Time*, *USA Today*, and *The Atlantic*, and has appeared on *Dr. Phil Primetime*, *Howie Mandel Does Stuff*, and elsewhere.

**Rights sold:**

UK & Commonwealth – Ebury

**Publishers of *NOTHING TO FEAR* (Tarcher, 2024):**

UK & Commonwealth – Ebury

Arabic – Jarir Bookstore

Chinese complex – Da Tang Cultural Enterprises

Czech – Nakladatelstvi Navrat domu

French – Guy Tredaniel Editeur

Polish – Wydawnictwo Naukowe

Spanish – Distribuciones Alfaomega



**Meltzer, Jeffrey**

**UNMASKING EMOTIONAL LONLINESS**

Self-Help | **Tarcher Hardcover** | May 2027 | **UK & Translation Rights**

Agent: Giles Anderson @ The Anderson Literary Agency Inc. | **Editor: Marian Lizzi**

Status: Manuscript available April 2026



**UNMASKING EMOTIONAL LONLINESS** is a guide to identifying, understanding, and healing from isolation from others, and even oneself, in order to find greater emotional connection and deeper bonds, and ultimately, a more satisfying and authentic way of being in the world.

**Jeffrey Meltzer, LMHC**, is a licensed mental health counselor providing therapy services in Florida. He holds a Bachelor of Arts in Psychology and a Master of Arts in Rehabilitation and Mental Health Counseling, both from the University of South Florida. He currently runs his own practice through Grow Therapy. In addition to his clinical work, Jeffrey has built a significant social media presence. On TikTok, he has more than 371,000 followers and nearly 10 million likes, achieving rapid growth in the last 14 months. On Instagram, he has over 172,000 followers and 1,000 members in his broadcast channel, where he shares exclusive updates and insights. Jeffrey’s impactful online presence has led to media recognition, with features in major publications such as *The Washington Post*, *The Telegraph*, *New York Post*, and *Daily Mail*.



**Prasada Das, Hari; Illustrated by Rukmini Poddar**

**THE ILLUSTRATED ENNEAGRAM**

Self-Help | **Tarcher Trade Paperback** | May 2027 | **UK & Translation Rights**

Agent: James Levine @ Levine Greenberg Literary Agency | **Editor: Lauren Appleton**

Status: Manuscript available April 2026



This is a comprehensive guide to the popular personality system, exploring the different types, their fears and desires, and how to use this deep self-knowledge for personal growth. In **THE ILLUSTRATED ENNEAGRAM**, readers will not only learn the particular quirks and foibles of their types and the types of their loved ones, they will also learn how to become the best version of themselves. Through incredible insights delivered with beautiful watercolor illustrations, readers will gain a new understanding of what makes them tick, how to avoid their negative propensities, and how to thrive

**Hari Prasada Das** is the co-founder of Upbuild, a company that designs curriculum, workshops, and materials to coach executives in leadership development. The business is based in the knowledge of his earlier monastic training, including the Enneagram, during his five years as a monk in New York City.



**Prizant, Barry**

**DISTINCTIVE MINDS: Understanding and Supporting the Neurodivergent People in Your Life (Including Yourself)**

Psychology - Autism Spectrum Disorders | **Tarcher Hardcover** | April 2027 | **Translation Rights**

Agent: Betsy Amster @ Betsy Amster Literary Enterprises | **Editor: Marian Lizzi**

Status: Manuscript available May 2026



In **DISTINCTIVE MINDS**, Dr. Prizant shares his career's worth of wisdom informed by collaboration with innumerable neurodivergent individuals and his knowledge of current research. He reframes how we understand neurodivergent people, describing them not as flawed or deficient, but rather as individuals whose minds and bodies work differently. He brings the subject to life with an array of intimate profiles: a physician with a "neuroinclusive" practice; a non-speaking valedictorian; a successful Hollywood producer whose neurodivergence fuels his creativity; an autistic police officer who trains his colleagues to approach neurodivergent people with compassion and understanding. Like his previous book **UNIQUELY HUMAN** (Simon & Schuster, 2022), **DISTINCTIVE MINDS** promises to dominate the category.

**Dr. Barry Prizant** is currently an adjunct professor in the Department of Communicative Disorders at the University of Rhode Island and formerly an associate professor in the Department of Psychiatry in the Brown University Medical School. He is among the most sought-after speakers on neurodiversity, enlisted by corporations such as JPMorgan Chase and Google; major universities such as Harvard and UCLA; the nation's largest school districts; and major hospitals and healthcare providers. His podcast is #1 of the top 30 neurodiversity podcasts and is now produced by Art19, the podcast network owned by Amazon.

**Rights sold:**

UK & Commonwealth – Profile

Simplified Chinese – China Machine Press



Sage, Kim

**THE HIGHLY VIGILANT PERSON**

Self-Help | **Tarcher Hardcover** | March 2027 | **Translation Rights**

Agent: Sydney Rogers and Gideon Weil @ Rogers & Weil Literary, LLC | **Editor: Lauren O’Neal**

Status: Manuscript available April 2026



In this groundbreaking book, clinical psychologist Dr. Kim Sage, a highly vigilant person herself, draws on years of research and work with clients to offer real relief to people who struggle with overthinking, people-pleasing, perfectionism, and fawning. You’ll learn how to recognize your unhealthy patterns, regulate your nervous system, and break free from the prison of anxiety.

*The Highly Vigilant Person* is the tool you need to let your true self shine and start living without fear.

**Dr. Kim Sage** holds a doctorate in clinical psychology and helps clients and social media followers alike heal from wounding, emotionally unsafe childhoods and lead happier, healthier lives. Her specialties include chronic hypervigilance, eggshell parents, relationship trauma, and high-masking autism. She has four children and lives in Southern California.

**Rights sold:**

UK & Commonwealth – Ebury

Simplified Chinese – Guomai Culture & Media

Dutch – Uitgeverij Unieboek

German – Kosel Verlag

Hebrew – Focus Publishing House

Italian – De Agostini Libri S.r.l

Korean – Wisdom House, Inc.

Romanian – Grup Media Litera s.r.l.

Spanish – Editorial Planeta, S.A.



Saline, Sharon

**BREAKING FREE FROM THE ADHD-ANXIETY CYCLE: Ten Steps to Transform Worry, Build Confidence, and Get Things Done**

Psychology | **Tarcher Hardcover** | September 2027 | **UK & Translation Rights**

Agent: Suzy Evans @ Evans Literary | **Editor: Marian Lizzi**

Status: Proposal available April 2026; manuscript available January 2027



**BREAKING FREE FROM THE ADHD-ANXIETY CYCLE** is a practical, research-informed guide for understanding the links between ADHD and anxiety for both older teens and adults, with practical solutions that improve social skills, productivity and self-esteem. Based on interviews with dozens of people who live with ADHD and anxiety, leading experts, and current research, the book will offer readers effective tools to address procrastination, social difficulties, perfectionism, loneliness, time management, self-criticism among other issues.

**Sharon Saline, Psy.D.**, maintains a busy psychotherapy practice working with children, teens, families and adults with ADHD and other mental health issues, and is the author of *WHAT YOUR ADHD CHILD WISHES YOU KNEW*. She has spoken and conducted workshops nationally and internationally on ADHD and the adolescent brain. Thousands of parents, teachers, school administrators and mental health clinicians have attended her presentations, trainings and workshops.

**Publishers of *WHAT YOUR ADHD CHILD WISHES YOU KNEW* (Tarcher, 2018):**

UK & Commonwealth – Swift Press

Chinese simplified – China Machine Press

Czech – Portal

Estonian – AS Aripaev

Finnish – Vilas Elama

French – Editions Complicites

Hungarian – Jaffa Kiadó

Japanese – Toyokan Publishing

Korean – Hana Medical Publishing

Portuguese (in Brazil) – Wiser Educação

Spanish – Akadia



**Watson-Payne, Bridget; Illustrated by Lisa Congdon**

**THE ART OF FINISHING THINGS: Actually Useful Productivity Tools for Artists, Misfits, and Eccentrics**

Self Help - Organization | **Tarcher Hardcover** | April 2028 | **UK & Translation Rights**

Agent: Adriana Stimola @ Stimola Literary Studio | **Editor: Batya Rosenblum**

Status: Proposal available April 2026



Having an eccentric or neurodivergent mind can be a challenge when faced with traditional methods of organization and project management. It's also hard when you're a person juggling many things—as many of us are. **ART OF FINISHING THINGS** is designed to give readers the encouragement and practical advice they need to “get organized,” in a way that works for them. It's filled with achievable strategies and actionable, easy to follow approaches that readers can choose from, including loads of colorful visuals and infographics, to help them go their own way, and make their projects come to life.

**Bridget Watson Payne** is an author, editor, and artist. She is the author of eight books, including *How Time Is On Your Side*, *How Art Can Make You Happy*, and *The Secret Art of Being a Grown-Up*. For over twenty years she collaborated with hundreds of authors and artists at independent publisher Chronicle Books to help them make their book ideas a beautiful reality—now she works with publishers and authors as a freelance editor and creative consultant. Bridget's original artwork has appeared in several art shows, most recently at Park Life in San Francisco. She writes a popular newsletter on Substack. She lives in San Francisco with her family.

**Lisa Congdon** is an internationally known find artist, illustrator, and writer. She makes art for clients around the globe, including The Library of Congress, Target, The U.S. Postal Service, *Wired Magazine*, Amazon, Google, Smith Optics, Warby Parker, Method, Comme des Garçons, REI and MoMa, among many others. She is the author of ten books, including *Art Inc: The Essential Guide to Building Your Career as an Artist* and *Find your Artistic Voice: The Essential Guide to Working Your Creative Magic*. Lisa runs a popular shop on her website or at Cargo Emporium in Portland Oregon. When she's not making art, you can find her racing her bike around Oregon. She lives and works in Portland.



**Wolkin, Jennifer**

**LOVING YOUR ADHD BRAIN: Surviving and Thriving with Adult ADHD**

Psychology | **Tarcher Hardcover** | June 2027 | **UK & Translation Rights**

Agent: Alexander Field @ The Bindery | **Editor: Marian Lizzi**

Status: Manuscript available August 2026



Awareness of adult ADHD continues to rise—along with new questions about the many ways it shows up, how to manage symptoms, and processing the internalized shame and emotional struggles that often go along with the diagnosis.

Enter Dr. Jen Wolkin, a licensed neuropsychologist who was diagnosed with ADHD as a graduate student struggling to keep up with a heavy workload. In this practical and empathic guide that spans work, life, and emotional well-being, she brings together research-based strategies and her own lived experience to offer advice.

Written by an ADHD brain for ADHD brains, this accessible, reader-friendly, and solutions-oriented guide speaks directly to anyone who's on a journey to more deeply understand their neurodivergent brain—and themselves.

**Dr. Jennifer Wolkin** is a licensed neuropsychologist and mental health advocate. She runs an active private therapy practice, drawing from an extensive clinical toolbox using CBT, DBT, Internal Family Systems, mindfulness-based techniques, creative/expressive arts, and biofeedback. Dr. Jen is a regular contributor to Mindful.org and has regularly consulted as a mental health expert for outlets such as *The Healthy*, *Better by Today*, *Popsugar*, *Bustle*, and elsewhere. She lives and works in New York City.

## BUSINESS & FINANCE



**Arndt Shelton, Julia**

**YOU FIRST: The Selfish Shift to Sustainable Success at Work**

Business - Personal Development | **Tarcher Hardcover** | September 2027 | **UK & Translation Rights**

Agent: Shannon Marven @ Dupree/Miller & Associates | **Editor: Lauren O'Neal**

Status: Proposal available April 2026; manuscript available December 2026



What if the secret to sustainable success isn't better time management or another productivity hack, but a radical redefinition of what it means to lead, achieve, and thrive? That's the driving premise behind **YOU FIRST**, a science-backed guide for high achievers who are tired of sacrificing their well-being at the altar of ambition.

Author and burnout recovery expert Julia learned this lesson the hard way—collapsing under the pressure of her dream job at Google despite doing everything “right.” **YOU FIRST** distills the breakthrough insights behind her recovery into a clear, actionable framework to rewire the nervous system, transform habits, and redefine our relationship with worthiness. It offers a concrete path for readers to build a life-aligned career, and finally take back their time, protect their energy, and succeed on their terms without continually sacrificing their well-being.

**Julia Arndt Shelton** is a world-renowned speaker, executive coach, and creator of the Peak Performance Method™, with thousands of students served worldwide. She has worked with leaders and teams at Fortune 500 companies like Google, Meta, Microsoft, Uber, and LinkedIn, teaching them how to break the burnout cycle. With a thriving platform, TEDx talk, and proven results, Julia is uniquely positioned to lead this movement and help readers everywhere redefine what it means to succeed.



**Ayers, Ally-Jane**

**CREATIVE MONEY: New Financial Rules for Artists, Innovators, and Misfits**

Business - Personal Finance | **Tarcher Trade Paperback** | November 2026 | **UK & Translation Rights**

Agent: c/o Tarcher | **Editor: Batya Rosenblum**

Status: Manuscript available



There's a good reason why so many people feel like the financial system doesn't serve them: it wasn't made for them. It was designed for families with one high earner, one caretaker, and a few kids. For everyone else? They're out of luck. **CREATIVE MONEY** sets out to change the reader's relationship with money through frank advice, actionable habits, and mindset shifts that draw on author AJ Ayers' experience as the CEO and founder of the successful wealth management firm Brooklyn Fi. This book challenges our notions of what being “rich” means and gives readers the tools to achieve wealth on their own terms.

**Ally Jane (AJ) Ayers, CFP®**, is the co-founder of Brooklyn Fi, where she combines a background in writing with financial expertise to help tech professionals and creative business owners build lasting wealth. She specializes in equity compensation and tax planning, guiding clients through IPO windfalls and toward long-term financial independence. With a focus on bridging creativity and finance, AJ works with founders and freelancers alike to turn complex financial decisions into clear strategies. She is also a financial writer, speaker, and co-host of The Liquidity Event podcast, as well as the author of the Substack newsletter “Money Changes Everything.” Her clear-headed and actionable insights have appeared in publications that include *The New York Times*, *New York Magazine*, and *The Wall Street Journal*.

## RELIGION, SPIRITUALITY, & PHILOSOPHY



**Ebenstein, Joanna**

**NECESSARY EVIL**

Religion - Philosophy | **Tarcher Hardcover** | October 2027 | **UK & Translation Rights**  
Agent: Katie McKeen @ Howard Morhaim Literary Agency | **Editor: Lauren Appleton**  
Status: Proposal available in April 2026; manuscript available January 2027



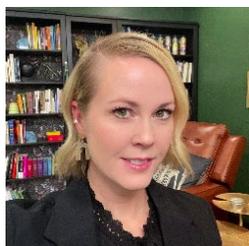
**NECESSARY EVIL** is a cross-cultural, philosophical, and personal exploration of evil—not as a fixed force to be vanquished, but as a dynamic polarity essential to wholeness and spiritual growth. Blending Jungian psychology, comparative mythology, religious history, and lived experience, the book investigates how cultures around the world have grappled with the “dark side,” from the yin-yang’s harmonious duality to the Christian drama of St. Michael and Satan, from Mesoamerican deities like Supay and El Tío to the folk saints of Latin America and the demonized gods of Europe. Through stories, symbols, and personal encounters, the book invites readers to contemplate evil as a Zen koan: a paradox meant not to be solved, but to awaken deeper understanding and integration.

**Joanna Ebenstein** is the founder and creative director of Morbid Anatomy. An internationally recognized death expert, her books include *Memento Mori: The Art of Contemplating Death to Live a Better Life*, *Anatomica: The Exquisite and Unsettling Art of Human Anatomy*, *Death: A Graveside Companion* and *The Anatomical Venus*. She is also an award-winning curator, photographer, and graphic designer, and teacher of the many times sold out class *Memento Mori: Befriending Death with Art, History and the Imagination*.

### **Publishers of *MEMENTO MORI* (Tarcher, 2024):**

Korean – Will Books Publishing Company

Portuguese (in Brazil) – Citadel Editorial



**Hartley, Brittney**

**EVERYTHING IS STUPID, THE WORLD IS ON FIRE, AND NOTHING MATTERS: A Nihilist Survival Guide**

Self-Help - Philosophy | **Tarcher Hardcover** | March 2027 | **Translation Rights**  
Agent: Mark Tauber @ The Watermark Agency | **Editor: Lauren O’Neal**  
Status: Proposal available, Manuscript available April 2026



So you’ve realized life is meaningless. Religion is fake, your job is pointless, society is a charade, and everyone else is just pretending things are fine when, in reality, existential despair is the only logical reaction to any of this. You’re staring into the abyss—but author and spiritual coach Britt Hartley is here to pull you back from the edge.

Hartley has traveled deep into the void of nihilism herself after deconstructing her faith and every other belief system she could think of, and she knows firsthand how to rebuild a meaningful life from scratch without sugar-coating or toxic positivity. In this book, she shares the tools of philosophy, spirituality, psychology, and creativity that have helped her and countless clients rediscover how to live.

**Britt Hartley** is an atheist spiritual director and educator with a master’s degree in applied theology, specializing in religious deconstruction, nihilism recovery, and secular meaning-making. As the founder of No Nonsense Spirituality, where she teaches courses and offers coaching, she has helped thousands of people move beyond despair and toward lives of clarity, connection, and courage. She lives in Boise, Idaho, with her four children and a dog named Pepperoni.

### **Rights sold:**

UK & Commonwealth – Scribe

## NATURE



**Porter Kerns, Mary**

**THE FLOWERS ARE SPEAKING**

Nature | **Tarcher Hardcover** | April 2027 | **UK & Translation Rights**

Agent: Leslie Meredith @ Dystel Goderich & Bourret LLC | **Editor: Lauren O'Neal**

Status: Manuscript available



The love story between flowers and humans is millions of years old. Over millennia of ecological changes and challenges, flowers have inspired us, comforted us, and taught us some of our most profound lessons about freedom and desire, beauty and belonging.

Naturalist Mary Porter Kerns has spent a lifetime seeking out the guidance of the flowers in her beloved West Virginia mountains and teaching others to do the same. Whether you're a nature lover, a spiritual seeker, or simply looking for ways to be more present to the beauty all around us, *The Flowers Are Speaking* invites you to build deep reverence for our beloved Earth—an urgent necessity for us as individuals and as a species, today and in the future.

**Mary Porter Kerns** is a writer, naturalist, gardener, artist, weaver, and a voice for the flowers. She leads the acclaimed Guidance from the Flowers workshop, empowering participants to connect with flowers through their own senses and intuition. Her work has appeared in *Braided Way*, *On Land*, and other publications, and she edits the monthly newsletter for The Way of the Rose. She has two adult sons and lives with her husband in Charleston, West Virginia.

## JOURNALS



**Alamgir, Anusha**

**THINGS TO DO OTHER THAN SOCIAL MEDIA**

Self-Help - Journal | **Tarcher Trade Paperback** | May 2026 | **UK & Translation Rights**

Agent: c/o Tarcher | **Editor: Lauren Appleton**

Status: Manuscript available



Social media has become an omnipresent part of our lives, and one thing is crystal clear—we have a problem. It can turn toxic, feeding your worst impulses and breathing life into your darkest corners. **THINGS TO DO OTHER THAN SOCIAL MEDIA** offers a much-needed break: 101 simple, mindful tasks to unplug from virtual noise and tune back into the real world.

**Anusha Alamgir** is a multidisciplinary artist from Dhaka, Bangladesh. She is head designer and co-founder of the publishing company Colors Publication, where she works with independent Bangladeshi authors to design, produce and publish art books and other print items.

### **Rights sold:**

Italian – Newton Compton Editori



**Kurtz, Adam J.**

**NOW WHAT?: A Creative Companion for Whatever Comes Next**

Self-Help - Journal | **Tarcher Hardcover** | October 2026 | **UK & Translation Rights**

Agent: Levine Greenberg Lit. Agency, Inc. | **Editor: Marian Lizzi**

Status: Manuscript available



Filled with insight, encouragement, and just enough darkness to keep things real, NOW WHAT? is the smart, honest, intentional routine you'll turn to again and again on your never-ending journey to figure out who you are, what you want, and how to show up and feel somewhat hopeful despite [fill in the blank: \_\_\_\_\_].

Whether you're a longtime fan of Adam JK's books and journals—which have sold more than one million copies around the world—or are discovering his relatable, insightful work for the first time, this special companion is here for you no matter what's next.

**Adam J. Kurtz** ("Adam JK") is a Toronto-born artist whose illustrative work is rooted in honesty, humor, and a little bit of darkness. His books and journals, including *Things Are What You Make of Them*, have sold over a million copies in twenty languages. In 2024, Kurtz opened Small Kine Gift, a gift shop and bookstore in Honolulu, where he lives with his husband and their dog.

### **Rights sold:**

Spanish – PRH Grupo

### **Publishers of *YOU ARE HERE (FOR NOW)* (Tarcher, 2021):**

Arabic – Jarir Bookstore

Hebrew – Or Am Publishing House

Indonesian – PT Elex Media Komputindo

Polish – Dom Wydawniczy Rebis

Portuguese (in Brazil) – Editora Schwarcz

Spanish – PRH Grupo

### **Publishers of *PICK ME UP* Journal (Tarcher, 2016):**

Arabic – Jarir Bookstore

Bulgarian – A&T Publishing

Chinese complex – Wind Wind International Company

Chinese simplified – Shanghai Insight Media

French – Editions Hachette Livre

Indonesian – PT Elex Media Komputindo

Italian – Antonio Vallardi Editore

Japanese – Wani Plus Publishing

Polish – Dom Wydawniczy Rebis

Portuguese (in Brazil) – Editora Schwarcz

Russia – Mann, Ivanov and Ferber Publishers

Slovak – A&T Publishing

Spanish – PRH Grupo

Turkish – Pegasus Yayincilik Tic. San. Ltd



**Vaz, Kate**

**THE ROAD LESS ANXIOUS: A Pick Your Path Guide to Navigating Anxiety and Overwhelm**

Self-Help - Journal | **Tarcher Trade Paperback** | April 2027 | **UK Rights**

Agent: Laurie Abkemeier @ DeFiore and Company | **Editor: Lauren Appleton**

Status: Samples and manuscript available June 2026



**THE ROAD LESS ANXIOUS** is an illustrated adventure that guides readers out of anxiety spirals. This interactive guide is a uniquely comforting companion to anyone who gets stuck in the rabbit hole of catastrophic thinking. This book accompanies readers through common encounters that often trigger a series of overwhelming negative thoughts and provides guidance for obtaining relief, including journaling prompts, relaxation tips, self-care ideas, and cognitive behavioral therapy style thought-reshaping.

**Katie Vaz** is an author, illustrator, hand-letterer, and graphic designer. She designs her own line of greeting cards, prints, and other stationery products. Katie also works as a freelance illustrator and graphic designer on a variety of branding, illustration, wedding stationery, print, and packaging projects. Clients include Art & Anthropology, Take Two Journal, OOLY, Big Life Journal, Idea Kraft, Cornell University Law School, and Syracuse University.

## COLORING BOOKS



**Balko, Åse**

### **THE HIDDEN GARDEN COLORING BOOK**

Games & Activities - Coloring Books | **Tarcher Trade Paperback** | May 2027 | **UK & Translation Rights**

Agent: c/o Tarcher | **Editor: Lauren Appleton**

Status: Manuscript available May 2026



This is an intricate, garden-themed coloring book with a hidden creature on each page.

**Åse Balko** is an artist and education professional living in Sweden.



### **GHOSTSHRIMP ALIEN OCEANS**

Games & Activities - Coloring Books | **Tarcher Trade Paperback** | March 2027 | **UK & Translation Rights**

Agent: c/o Tarcher | **Editor: Lauren Appleton**

Status: Manuscript available June 2026



From the artist behind the world of Cartoon Network's *Adventure Time*, **ALIEN OCEANS** is a detail-packed coloring adventure that takes you under the sea to an unexplored world.

**Dan Bandit** (aka Ghostshrimp) is an illustrator most known for his work on *Adventure Time* for Cartoon Network, *The Midnight Gospel* on Netflix, his Grammy-nominated album artwork for *Gravity Falls*, and more.



**Lord, Naomi**

### **CHIBI ANIMALS: Kawaii Coloring Book**

Games & Activities - Coloring Books | **Tarcher Trade Paperback** | August 2026 | **UK & Translation Rights**

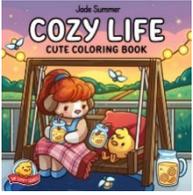
Agent: Kathleen P. Brady | **Editor: Lauren Appleton**

Status: Samples available; manuscript available April 2026



In this exceptionally adorable coloring book, you'll find a collection of the cutest animals ever, drawn in a popular manga and anime style. From a playful otter to a surprised fox, there's a new favorite to find on every page.

**Naomi Lord** is an artist from the United Kingdom, just outside of London. Her work is influenced by manga, anime and cartoons infused with her unique sense of playfulness. Naomi's creatures are both adorable and imaginative and include a range of anime and kawaii characters inspired by mythology, as well as witches, and her own creations. She focuses on bringing a sense of positivity and whimsy to all her creations.



Summer, Jade

**COZY LIFE: Cute Coloring Book**

Games & Activities - Coloring Books | **Tarcher Trade Paperback** | July 2026 | **UK & Translation Rights (not including Dutch rights)**

Agent: c/o Fritzen Publishing, Inc | **Editor: Lauren Appleton**

Status: Samples and manuscript available



In this sweet and dreamy cozy coloring book, you'll find a collection of easy everyday moments. From a quiet cafe to a bustling Main Street, every page invites you to add color as you unwind.

**Jade Summer** is a brand owned by Fritzen Publishing LLC.



Summer, Jade

**COZY KITTIES**

Games & Activities - Coloring Books | **Tarcher Trade Paperback** | September 2026 | **UK & Translation Rights (not including Dutch rights)**

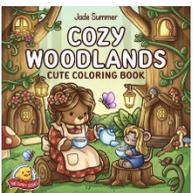
Agent: c/o Fritzen Publishing, Inc | **Editor: Lauren Appleton**

Status: Manuscript available April 2026



In this incredibly adorable cozy coloring book, you'll find all sorts of cats—lounging cats, playful cats, troublemakers, and sweethearts. Whether they're snuggling up for a good nap on a keyboard or knocking the saltshaker off the kitchen counter, **COZY KITTIES** is a comprehensive collection of cat behavior.

**Jade Summer** is a brand owned by Fritzen Publishing LLC.



Summer, Jade

**COZY WOODLANDS**

Games & Activities - Coloring Books | **Tarcher Trade Paperback** | November 2026 | **UK & Translation Rights (not including Dutch rights)**

Agent: c/o Fritzen Publishing, Inc | **Editor: Lauren Appleton**

Status: Manuscript available June 2026



In this whimsical and magical cozy coloring book, you'll find the creatures and critters who call the forest their home. From the tiny mouse who lives in a tree root to the fairy friends who add a touch of magic wherever they go, **COZY WOODLANDS** is the perfect collection of hidey holes, toadstools, and treetops.

**Jade Summer** is a brand owned by Fritzen Publishing LLC.



Vexx

**IMAGITOPIA**

Coloring Book | **Tarcher Trade Paperback** | October 2026 | **UK & Translation Rights**

Agent: Kevin Klein @ LNDMRK LLC | **Editor: Lauren Appleton**

Status: Samples and manuscript available



Vexx is back with another incredible coloring book, drawn in his signature street-art doodle style. In **IMAGITOPIA**, you will find entirely new line art depicting spectacular imaginary creatures and their imaginary worlds, all from Vexx's wildly creative mind. Go crazy with color within the intricate linework and bubbly characters, all on single-sided pages for minimum bleed-through. Both relaxing and challenging, this book is sure to inspire your inner artist.

**Vexx** is one of the world's most recognized and successful visual artists on social media. He started developing his own art style and sharing it online at the age of sixteen. Through the years, Vexx has garnered millions of followers on YouTube (2.85M) and on Instagram (683K). The Belgium-based artist's work ranges from hand-drawn colorful illustrations to massive murals on world-famous streets in New York City, Los Angeles, and more. Vexx has previously worked with brands such as Porsche, Puma, Red Bull, and more.

**Publishers of *Doodletopia* (Tarcher, 2024):**

German – Munchner

**Publishers of *Mythotopia* (Tarcher, 2022):**

UK & Commonwealth – Transworld

**Publishers of *Creatopia* (Tarcher, 2020):**

German – Munchner



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