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Contact: Alice Richardson
Rights and Contracts Manager
alice@scribepub.com.au

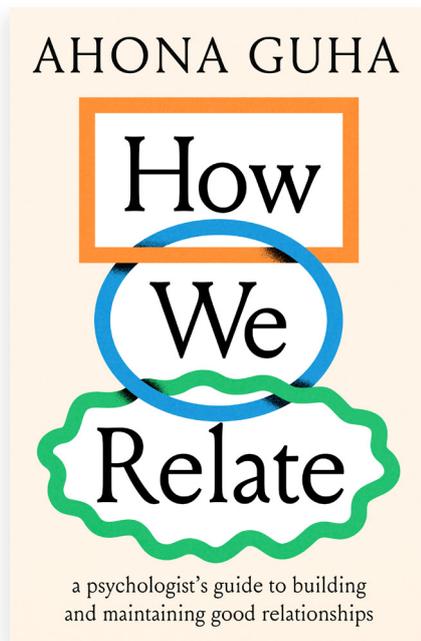
Scribe Publications UK Ltd

2 John Street, Clerkenwell
London, WC1N 2ES
United Kingdom
Tel: +44 (0)20 3405 4218

Scribe Publications Pty Ltd

18-20 Edward Street, Brunswick
Victoria 3056
Australia
Tel: +61 (03) 9388 8780

Ahona Guha



HEALTH & RELATIONSHIPS/
PSYCHOLOGY
May 2026
320pp
Rights held: World

DR AHONA GUHA is a clinical and forensic psychologist who works with both victims and perpetrators of abuse. Her first book, *Reclaim: understanding complex trauma and those who abuse*, was published by Scribe in 2023, and her second, *Life Skills for a Broken World*, was published in 2024. She writes widely for the media on matters related to mental health, health, social justice, and equity. Her work has appeared in *The Age*, *The Guardian*, *The Saturday Paper*, *Breathe Magazine*, SBS, and ABC.

How We Relate

a psychologist's guide to building and maintaining good relationships

Understanding relationships isn't just about other people — it starts with understanding yourself and where you've come from.

In *How We Relate*, clinical and forensic psychologist Dr Ahona Guha takes us on an illuminating journey through the psychology of human connection. Drawing from her many years of clinical experience, she reveals how our earliest relationships shape every connection we form — from family and friendships to romance and work.

How do childhood blueprints influence adult behaviours? Why do some friendships fail while others flourish? What makes the difference between healthy and toxic dynamics? With warmth and practical insight, Guha explores the hidden patterns that govern our interactions, offering concrete strategies for breaking free from destructive cycles.

Whether you're struggling with difficult family members, navigating workplace politics, or seeking deeper intimacy in love, this book provides the psychological tools to understand yourself and transform your relationships. A guide to building the meaningful connections you deserve.

- Ahona's previous books have been licensed widely in translation, with Vietnamese, Russian, Turkish, Slovak, and Indonesian editions available or forthcoming
- Ahona has established herself as a values-driven, uniquely trustworthy and accessible voice in the mental health space, with the rare ability to convey complex scientific ideas to a general audience
- Many have come to rely on Ahona for clear-eyed, practical and deeply empathetic commentary on the various horrors and challenges of our time
- In *How We Relate*, her expertise and wisdom will be applied to interpersonal relationships, and this book is sure to be as timely and universally appealing as *Life Skills for a Broken World*

Praise for *Life Skills for a Broken World*:

'An easily digestible book showing how to build a better framework for mental health ... an easy read without being full of woo-woo nonsense: a rare feat for a self-care manual.' **Isabel Berwick**, *Financial Times*

Michael Dulaney



NATURE & ENVIRONMENT/POPULAR SCIENCE

August 2026

320pp

Rights held: World

MICHAEL DULANEY is a writer and a journalist. For many years he was the environment columnist for *The Lifted Brow*, where he wrote about the human-animal interface. His science and nature writing has been published by *The Monthly*, *Literary Hub*, *The Big Issue* and the BBC, among others. He has been shortlisted for the Scribe Nonfiction Prize for Young Writers and won the Overland Fair Australia Prize. He was named a 2024 Climate Futures Artist Fellow with the State Library Victoria for his research on *Sentinels*.

Sentinels

how animals warn us of disease

Humans have long observed animals for advanced warnings of danger. What can they tell us about the growing threat of contagion in the age of climate change?

Diseases today reveal our close ties to animals. Viruses leap from bats to camels to humans. Cats catch the flu, and tourists pass tuberculosis to elephants. In recent years, however, something has changed. Exploitation of the environment is causing more diseases to jump species than ever before — a threat to life that rivals climate change. The science is clear: the cause of this great acceleration is us.

In *Sentinels*, Michael Dulaney takes readers from southern China to the Andes, from the Arctic to Australia, to tell the gripping stories of the people and animals at the forefront of this enormous change. Dulaney joins ecologists tracking flying foxes through Australia's eastern forests, and frog hunters netting endangered species on Indonesian mountains. Along the way, we meet lemmings that resist global warming, coastal seals with bird flu, and genetically engineered disease-proof pigs.

Combining vivid field reporting with natural history, these stories move beyond the fear of contagion to explore the beauty and resilience of life, and the human capacity to regenerate as much as to destroy. Urgent, moving, and deeply informed, *Sentinels* is an essential reckoning with our intimate connection to nature, and a call to build a fairer world for all.

- Told through encounters with interesting animals, and appealing to readers' awe and fascination with the natural world, this book reveals a bigger picture by focusing on smaller, relatable stories of people and places all over the world
- In the wake of the COVID-19 pandemic, scientists know that human destruction of the environment is leading to more infectious diseases jumping species than ever before. It has been called a threat to global health 'on par with climate change'
- A lot of viral origin searches are fascinating detective stories, and *Sentinels* carries the intrigue of true crime
- For readers of Ed Yong, Elizabeth Kolbert, Naomi Klein and Nathaniel Rich, and anyone who enjoys long-form investigative journalism
- An uplifting and hopeful portrait of those on the front lines of zoonosis research and the animals they work with



MEMOIR

September 2026

Proposal and chapter samples available on request

Rights held: World

LAURA ELIZABETH WOOLLETT is the author of a short story collection, *The Love of a Bad Man* (2016), and three novels, *Beautiful Revolutionary* (2018), *The Newcomer* (2021) and *West Girls* (2023). *The Love of a Bad Man* was shortlisted for the Victorian Premier's Literary Award for Fiction and the Ned Kelly Award for Best First Fiction. *Beautiful Revolutionary* was shortlisted for the 2019 Prime Minister's Literary Award for Fiction, the Australian Literature Society Gold Medal, and the Kathleen Mitchell Award. *West Girls* was longlisted for the 2024 Stella Prize and shortlisted for the 2024 South Australian Literary Awards for Fiction. Laura was the City of Melbourne's 2020 Boyd Garret writer-in-residence and a 2020-22 Marten Bequest Scholar for Prose. She was a 2025 writer-in-residence at the Keesing Studio in Paris.

For a few days each month, Woollett becomes a stranger to herself. Awash with anxiety, body dysmorphia and self-destructive urges, she starts petty arguments, ideates violence and, sometimes, wishes to disappear completely. Once these 'hell days' pass, they seem in hindsight like freak incidents, crime scenes to be observed from a distance.

The author of four celebrated works of literary fiction, Woollett turns to genre-bending reportage with *Hell Days*, an original and insightful account of her experience living with Premenstrual Dysphoric Disorder (PMDD), an under-recognised hormonal mood disorder associated with suicidality, functional impairment, and violent outbursts.

Grounded by Woollett's lived experience, this book extends beyond personal narrative through scientific research, investigative journalism, history, and cultural analysis, into the wilds of gender and mental illness in the 2020s.

Woollett was diagnosed with PMDD in her late twenties, after a series of mental health episodes around the time of her period led her to research the condition. She has written *Hell Days* during pregnancy and the first two years of her son's life – a period of reprieve from her symptoms, as she escapes the cycles that have entrapped her.

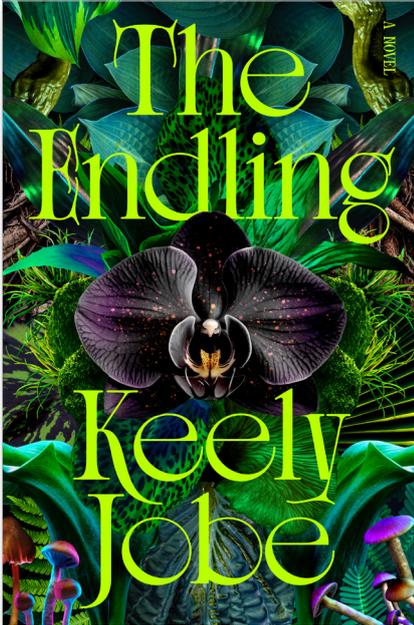
PMDD is a disorder which exclusively impacts individuals of reproductive age who are assigned female at birth. Recognition of the longstanding misogyny in medicine has generated countless contemporary books on all manner of 'female' conditions, from endometriosis to anorexia to autism to PTSD, with many authors combining memoir with scientific research to uncover dismissal and neglect by the male-dominated medical establishment. Such titles have contributed invaluable insight and corrections around various causes of women's suffering, but *Hell Days* is *not* a PMDD iteration of this genre. Rather, Woollett offers a deconstruction of the very concept of 'women's health' in an ailing world.

Presenting research from the front lines of PMDD treatment and tracking its journey into the mainstream medical lexicon, *Hell Days* is a page-turning work of contemporary cultural analysis, a philosophical examination of selfhood and pathology, and a complex navigation of motherhood and gender.

- Will resonate broadly, well beyond readers who suffer from PMDD
- A game-changing, original and deeply compelling work that will appeal to readers of Esmé Weijun Wang, Rachel Cusk, Jia Tolentino, Rachel Aviv, Janet Malcolm and Olivia Laing
- Grapples with the contradictions of contemporary feminism and asks what might have been obscured by prevailing narratives of empowerment
- Woollett's fiction has drawn comparisons to Emma Cline, Jennifer Egan and Bernardine Evaristo among others, and her talent as a prose stylist is on full display in *Hell Days*

Keely Jobe

The Endling



LITERARY FICTION
April 2026
272pp
Rights held: World

KEELY JOBE is a writer of fiction and nonfiction living on the east coast of Lutruwita/Tasmania with her partner and two staffies. Her work has appeared in *The Monthly*, *Island Magazine*, *Australian Geographic*, and *Cosmos*. She has a PhD in English and Creative Writing from the University of Tasmania and is the nonfiction editor at *Island Magazine*. *The Endling* is her first novel.

A feminist utopia crumbles with one impossible birth.

On an isolated mountaintop, a small feminist community is fracturing under the weight of ideological divides and dwindling numbers. Mila struggles to hold the women together, while deeper in the bush her aunt Frank — an ailing recluse — lives with only her dog, Chicken Midnight, for company. Nearby, an orchid endling approaches its own death, and the extinction of its entire species.

As Frank grows increasingly unwell and secretive about her condition, the community women begin mysteriously falling pregnant. When Mila gives birth to the only boy, their hardline separatist ideals face an impossible test.

Vividly expressed, wildly funny, and wholly original, *The Endling* examines the volatile intersection of community and politics, exploring what happens when the borders we construct between species, between sexes, between self and world, prove more porous than we imagine.

- Perfect for fans of Margaret Atwood, Naomi Alderman and Charlotte Wood
- Jobe's prose is lush and delightful, jumping off the page with its vivid evocation of the wilderness and the wildlife that inhabit it
- An unforgettable cast of characters is brought to life in this radical community
- There are dystopian and speculative elements in this book, but it defies categorisation and feels entirely original
- A page-turner with sharp and refreshing social commentary, this is a startling debut by an up-and-coming Tasmanian author
- Brilliantly original, darkly funny, and unflinchingly political, *The Endling* explores extinction, community, and identity in a world where even the most radical ideals meet their limits

Foreign Rights Co-Agents

ARABIC

Mohamed Ikhlef
Arabian Leopards Literary Agency
EHDA2157, Al Fursan, Dammam
32324, Saudi Arabia
Tel: +21 3557 888 772
ik.mohamed@arabianleopards.com

BULGARIA, ROMANIA, AND SERBIA

Mira Droumeva
Andrew Nurnberg Associates Sofia
Jk. Yavorov bl. 56
entr. B, Ap. 9, Sofia 1111
Bulgaria
Tel: +359 2 986 2819
mira@anas-bg.com

CHINA AND TAIWAN

Gray Tan
The Grayhawk Agency
1F, No.18, Lane 206, Sec.1, Daan Rd
Daan Dist., Taipei 106070, Taiwan
Tel: +886 2 2705 9231
grayhawk@grayhawk-agency.com

THE CZECH REPUBLIC AND SLOVAKIA

Kristin Olson
Kristin Olson Literary Agency
Klimentská 24
110 00 Praha 1
Czech Republic
Tel: +420 222 582 042
kristin.olson@litag.cz

FRENCH

Sophie Langlais
Books And More Agency
12, rue Juliette Dodu
75010 Paris
France
Tel: +33 6 62 71 49 68
sophie@bamlitagency.com

GERMAN

Christian Dittus
Paul & Peter Fritz AG
Neptunstrasse 20,
8032 Zurich, Switzerland
Tel: +41 44 388 4140
cdittus@fritzagency.com

GREECE

John Moukakos
JLM Literary Agency
PO Box 62080
Halandri 152 10
Greece
Tel: +30 210 384 7187
jlm@jlm.gr

HUNGARY

Ágota Bányai
Kátai & Bolza Literary Agency
PO Box 1474
H-1464 Budapest
Hungary
Tel: +36 1456 0313
agota@kataibolza.hu

INDONESIA, MALAYSIA, THAILAND, AND VIETNAM

Santo Manurung
Maxima Creative Agency
Beryl Timur No. 41
Gading Serpong, Tangerang 15810
Indonesia
Tel: +62 21 5421 7768
santo@maximacreativeliterary.com

ISRAEL

Geula Geurts
The Deborah Harris Agency
PO Box 52195
Jerusalem 9152101
Israel
Tel: +972 2 563 3237
geula@dhliterary.com

ITALY

Beatrice D'Anna
Grandi & Associati
Via degli Olivetani 12
20123 Milano
Italy
Tel: +39 2 4818 962
beatrice.danna@grandieassociati.it

JAPAN

Manami Tamaoki
Tuttle-Mori Agency
2-17 Kanda Jinbocho
Chiyoda-ku
Tokyo 101-0051
Japan
Tel: +81 3 3230 4083
manami@tuttlemori.com

KOREA

Suyeon Park
Korea Copyright Center Inc. (KCC)
Gyonghigung-achim Officetel
Rm 520, Compound 3
34, Sajik-ro 8-gil, Jongno-gu
Seoul 03174
Korea
Tel: +82 2 739 4610
sypark@kccseoul.com

POLAND

Magda Cabajewska
Macadamia Literary Agency
UL. Rembielińska 20/267
03-352 Warsaw
Poland
Tel: +48 692 422 804
magda@macadamialit.com

RUSSIA

Olga Lutova
Andrew Nurnberg Associates
Flat 72, Stroenie 6
21 Tsvetnoy Boulevard
127051 Moscow
Russia
Tel: +7 495 625 8188
olga@lit-agency.ru

SPAIN, PORTUGAL, AND BRAZIL

Teresa Vilarrubla
The Foreign Office
Av. Josep Tarradellas 147
2n 2a, 08029
Barcelona
Spain
Tel: + 34 93 321 42 90
teresa@theforeignoffice.net

TURKEY

Bahar Albayrak
Kalem Literary Agency
Moda Cad. Caferağa Mah. Erengül
Apt. No:110 K:1 D:1 Kadıköy 34710
Istanbul, Turkey
Tel: +90 216 345 4247
rights3@kalemagency.com