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LONDON 2026 RIGHTS GUIDE: NONFICTION TITLES

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NONFICTION BIG THINK: HIGHLIGHTS

NATURE'S ECHO

Harnessing Ancient Feedback Loops to Heal a Changing Planet

Thomas Crowther

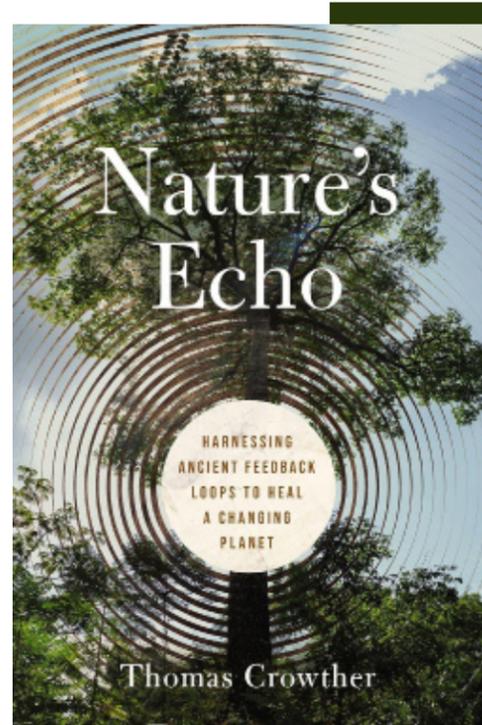
We don't have a silver bullet for climate change, but we might have something even more promising: self-reinforcing feedback loops that reveal a simple truth: Nature wants to heal itself, and we can help.

NATURE'S ECHO reveals the hidden feedback loops that connect our personal well-being to the health of our planet. From the forests that store billions of tons of carbon to the psychological patterns that shape our reality, this book uncovers the profound truth that we are not separate from nature. We are an integral part of it—which means we have much more power to work with nature than we think.

Drawing on cutting-edge ecological science, ancient philosophy, and gripping personal narrative, NATURE'S ECHO takes you on a journey to understand the powerful forces that shape our world.

We are not doomed to a bleak environmental future. With inspiring stories and practical pathways forward, Crowther shows how people and nature can build a better world. Explore how community-led restoration projects are reviving ecosystems, sustainable innovations are reaching critical tipping points, and equitable solutions are laying the groundwork for a more resilient world.

By tapping into the science and power of natural and social feedback loops, we can create transformative change and jumpstart environmental recovery.



US Publisher: **Harper Horizon**
UK Publisher: **PRH UK/Transworld**
Release Date: **June 2, 2026**
Big Think

Rights Contact: Oliva Malesco
Primary Agents: Ben Kaslow-Zieve / Celeste Fine



Thomas Crowther is a professor of global ecology and founding chair of the UN Decade on Ecosystem Restoration. He is the president of the Branch Institute, an international network of research groups in leading universities across 6 countries, focussed on understanding the linkages between global biodiversity and human wellbeing. In 2020, he founded Restor.eco, an online platform that supports hundreds of thousands of community-led nature initiatives to access data and sustainable financing. In 2022 the WEF recognized Crowther as a Young Global Leader for his work on global biodiversity protection.

THE OVEREXTENDED MIND

How to Beat Burnout and Brain Rot in an Always-On World

Gloria Mark, PhD

From a leading researcher on the psychology of human-computer interaction, the first book to honestly reckon with the science of how technology is changing how we think and live while giving readers a practical path to thrive in the digital age.

How many of us struggle to stay present at dinner without looking at our phones? How much time do we spend on apps we can't seem to quit? And how much less time do we spend out in the world than we'd like to? We know that our minds are changing, but we don't know how—or how to get the mind we want back.

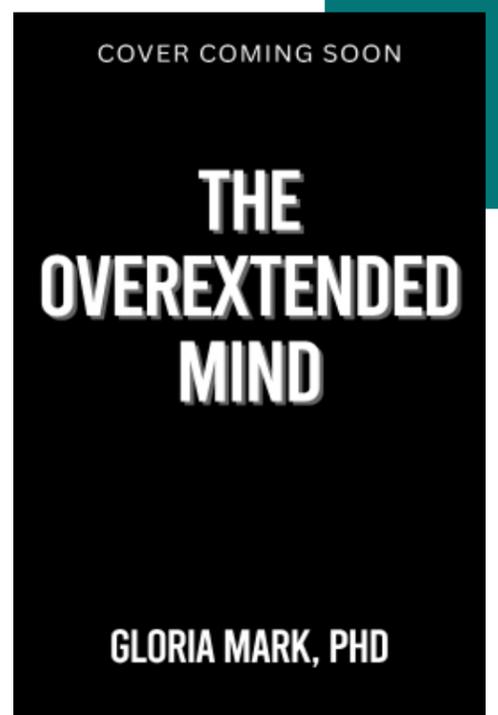
Technology was designed to extend our human capabilities. While previous generations built physical tools to make our manual labor go farther, our generation has the extraordinary benefit of technological tools, like phones and computers, to supplement and amplify our cognitive labor. But it comes at a cost.

The result of constantly doing more in less time is we are producing more results but becoming cognitively, socially, and emotionally dumber. Brain rot is not just a disease of children, social media addicts, and couch potatoes. More often, it is caused by an "always on" culture that requires our habitual reliance on technology that ultimately stretches our minds too thin.

Drawing on cutting-edge research, Dr. Mark shows how we can reclaim our minds (and our lives) by reprioritizing leisure activities that our culture may consider 'inefficient.' Reading whole books. Spending time with friends. Getting lost in hobbies and in conversations. These activities are often the best parts of our lives. They also take more time and cognitive effort, which give a bigger reward for our brains, our lives, and our relationships. They make us sharper, kinder, calmer, and happier. They are our best medicine.



Gloria Mark is Chancellor's Professor of Informatics at the University of California, Irvine. She received her PhD from Columbia University in psychology and studies the impact of digital media on people's lives. She takes a deep dive in examining multitasking, interruptions, and mood with the use of digital devices. She has published over 200 articles, and in 2017 was inducted into the ACM SIGCHI Academy which recognizes leaders in the field of human-computer interaction. She has presented her work at SXSW and the Aspen Ideas Festival, and her research has appeared in various popular media.



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Release Date: **Spring 2027**
Big Think

Territories Sold: **China**

Rights Contact: Kathryn Toolan
Primary Agents: Celeste Fine / Ben Kaslow-Zieve

THE HARD TRUTH

Everything Men Need to Know for Good Health, Great Sex, and Long Life

Rena Malik

NONFICTION HEALTH: HIGHLIGHTS

Stronger erections, better sex, and smarter men's health—now within reach in a no-holds-barred guide from board-certified urologist and YouTube sensation Rena Malik, MD.

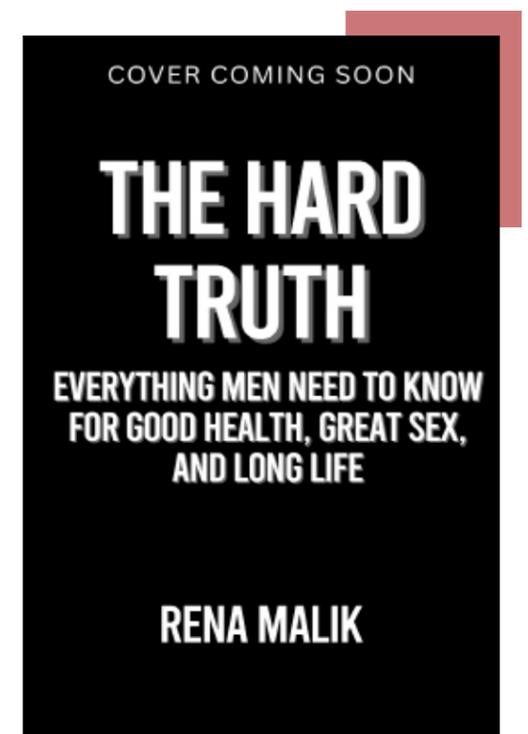
Most men have questions about their sexual health—whether it's erections, stamina, testosterone, prostate health, or simply keeping passion alive. Too often, the answers are hidden behind bad advice, porn myths, or quick-fix "male enhancement" scams.

Dr. Rena Malik is a board-certified urologist, pelvic surgeon, and sexual health expert whose educational videos have received over half a billion views and earned the trust of more than 3 million subscribers. In this frank and evidence-based guide, she cuts through the noise and offers advice men can trust.

Combining medical expertise with a candid voice that made her a global sensation, Dr. Malik answers the questions men are too embarrassed to ask in the doctor's office: Does size really matter? What should you know about testosterone, semen, or prostate health? And how can you confidently satisfy your partner—for life?

With authority and humor, Dr. Malik delivers the straight answers men have been searching for—plus actionable strategies for stronger erections, greater stamina, and more fulfilling intimacy. THE HARD TRUTH offers science-backed solutions that treat your sexual health as what it really is: a vital sign for your overall health.

Accessible, no-nonsense, and rooted in real medicine, this is the ultimate guide for men who want fulfilling sex, lifelong sexual health, and unshakable confidence.



US Publisher: **Hay House**
UK Publisher: **Hay House UK**
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Health & Wellness

Territories Sold: **Brazil, Poland**

Rights Contact: Kathryn Toolan
Primary Agents: Ben Kaslow-Zieve / Celeste Fine



Dr. Rena Malik is a board-certified urologist with a talent for dispelling medical misinformation, discussing intimate topics, and educating the general public. With over 300 million views and 2 million subscribers, her YouTube channel Rena Malik, M.D. has become a go-to destination for evidence-based discussions of taboo topics. Men's Health Magazine named her as one of the top 10 health influencers in 2023. Dr. Malik is regularly featured by media outlets, including Insider, Men's Health, Self, Scientific American, Bustle and has been a guest on multiple podcasts, including the popular Diary of a CEO, Huberman Lab, and Mel Robbins Podcasts.

N OF 1

An MD's Guide to the New Model of Health

Darshan Shah

A new approach to personalized medicine that any reader can use to take charge of their own health today, based on the principles Dr. Shah uses in his hugely popular Next Health clinics.

In Dr. Shah's practice, N of 1 medicine uses the best of lifestyle, functional and root cause medicine, along with simple and accessible testing strategies, to put patients back at the center of their personal health system, involved in and responsible for their own health decisions. When we become our own N of 1, we think of ourselves as the subject of an experiment of our own design, monitoring our own health data to find the moderate, incremental changes that work for us.

Because no system works for everyone, Dr. Shah's treatment plans reject fad diets, rigid exercise plans, and costly lifestyle hacks, instead focusing on the small changes that lead to big and sustainable health gains. Starting with the core principles that everyone should implement into their routine, he then guides readers to stack different lifestyle changes on top, showing them how to use key, easily accessible data like Heart Rate Variability, Blood Glucose Levels, and Grip Strength, to understand how each change interacts with their genes and environment to affect how their body functions and feels. He does not promote extreme testing regimes or unsustainable treatment plans. Instead, he teaches patients to pay attention to the impact of each habit has on their bodies so each person can discover the lifestyle that keeps them healthy for decades to come.



Dr. Darshan Shah is a health and wellness specialist, well known surgeon, published author, tech entrepreneur, and founder and CEO of Beautologie, Next|Health, & Vitaboom. As an expert on all body systems, he has performed over 20,000 surgical procedures, including trauma surgery, general surgery and plastic/reconstructive procedures. As a health and wellness specialist, he has advised thousands of patients on how to optimize their well-being and extend their lifespan, culminating in the creation of Next Health, the "Apple Store" of Health and Wellness offering healthspan and lifespan extending technology and treatments in a beautiful, welcoming environment.

COVER COMING SOON

N OF 1
AN MD'S GUIDE TO THE NEW
MODEL OF HEALTH

DARSHAN SHAH

US Publisher: **Simon Element**
Release Date: **Winter 2028**
Health & Wellness

Rights Contact: Olivia Malesco
Primary Agents: Celeste Fine /
Ben Kaslow-Zieve

NONFICTION

PERSONAL DEVELOPMENT/:

HIGHLIGHTS

HOW TO MAKE A FRIEND

A Modern Guide for Friendship

Radha Agrawal

From successful social entrepreneur and life-long community architect comes a manual to friendship in the 21st century for an increasingly fractured world.

Friendship isn't something you have. It's something you practice. In a world engineered for speed, self-sufficiency, and screens, many of us feel lonelier than ever. We expect friendship to be easy, effortless, and automatic. But for most of human history, connection wasn't a luxury; it was the fabric of daily life. We didn't "make time" for one another in calendar blocks—we lived together inside shared rhythms, rituals, and responsibilities.

In HOW TO MAKE A FRIEND, bestselling author and community-builder Radha Agrawal reveals what modern culture has forgotten: friendship is gloriously inefficient—and that's exactly why it matters. Drawing on research and decades of building real-world communities, Radha exposes the myth of toxic individualism and offers a radical reframe. Friendship doesn't optimize for productivity or perfection; it optimizes for meaning. It asks us to show up when it's inconvenient, lean into awkwardness, repair instead of retreat, and choose presence over performance.

Inside, you'll learn how to:

- Embrace awkwardness as the gateway to real intimacy
- Build friendships through honest, human conversations—one moment at a time
- Use simple scripts for invitation, repair, and enrollment
- Become a community architect and design environments where connection can thrive

Part manifesto, part practical guide, this book reminds us that the moments that shape our lives aren't the ones we can measure or monetize. They're the unplanned conversations, the long subway rides for short hugs, the nights we stay because the truth finally surfaced. Friendship is a skill—and like any practice, it can be learned, strengthened, and reclaimed.



Radha Agrawal is a dynamic entrepreneur, Co-founder, CEO, and Chief Community Architect of Daybreaker, a global wellness movement with nearly half a million members across five continents. She's co-founded and invested in several wellness companies, including THINX, and launched DOSE by Daybreaker, a membership platform focused on practicing joy. Agrawal toured with Oprah and WW, leading motivational sessions for over 155,000 attendees. Her book BELONG reveals her strategies for building meaningful communities without ad spend, aiming to help others find connection. Named by MTV as a woman who will change the world, she's a recognized leader in innovative community-building.



Publisher: **Sourcebooks**
 Release Date: **October 6, 2026**
Self-Help

Rights Contact: Kathryn Toolan
Primary Agents: Celeste Fine / Ben Kaslow-Zieve

WHAT'S GOING RIGHT

A Powerful New Method for Optimizing Your Mental Health

Dr. Paul Conti

Based on the wildly popular four-part series on Andrew Huberman's podcast, this affirming book from world-renowned and celebrity-endorsed psychiatrist, Dr. Paul Conti, offers a paradigm-shifting approach to optimizing mental health— offering readers a proven way towards a joyful life.

Backed by celebrities and esteemed colleagues such as Lady GaGa, and Kim Kardashian, Dr. Conti poses that the best place to start addressing our mental health isn't in focusing on what's going wrong, but rather what's going right. And the key to embracing this new narrative is tapping into our often ignored and long over-looked generative drive, the primary factor that's already going right in each of us. The generative drive helps you get things done, solve problems creatively, help others and feel connected to something larger than yourself. When activated, it brings you peace, contentment, and delight.

With Dr. Conti's notorious straightforward sincerity, he shares the exact method he uses on his patients and celebrity clients to help them tap into their generative drives. WHAT'S GOING RIGHT offers readers a proven offramp from the toxic pursuits that keep them stuck and an onramp toward a joyful life.

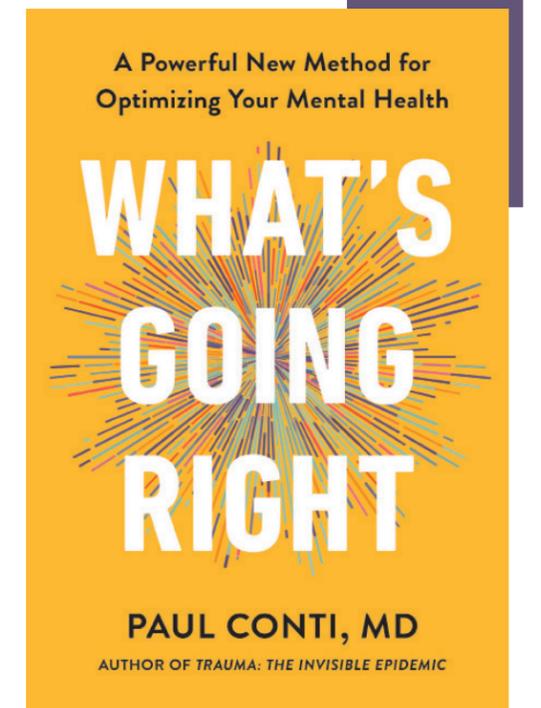
Praise for WHAT'S GOING RIGHT:

"What's Going Right is a peerless mental health guide that belongs in every home." —neuroscientist and host of Huberman Lab Andrew Huberman, Ph.D.

"Dr. Conti gives you a clear path out of suffering and towards feeling better—not someday, but starting now." —#1 New York Times bestselling author and award-winning podcast host Mel Robbins



Paul Conti, MD is a celebrity-endorsed psychiatrist, renowned author and President of Pacific Premier Group PC, a comprehensive mental health clinic that provides therapy, coaching, and consulting services to individuals, families, and businesses in the United States and abroad. He has been featured on top podcasts with industry-leading hosts such as Peter Attia, Tim Ferriss, Andrew Huberman, Mel Robbins, Lex Fridman, Whitney Cummings, Tom Bilyeu, Rich Roll, Danica Patrick, and others.



US Publisher: **Balance/Hachette**
 UK Publisher: **Ebury/PRH UK**
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Self-Help
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Rights Contact: Kathryn Toolan
Primary Agent: Celeste Fine

HOW TO GET ADDICTED TO APPRECIATION

Timm Chiusano

When Timm Chiusano, a former executive at a Fortune 100 Company who wakes up every day at 4:02AM, runs 10 miles, takes his daughter to school, works a full day at his corporate job, and makes tacos every Monday, started sharing his daily routine on TikTok, he had no idea that he was embarking on something bigger than just himself.

HOW TO GET ADDICTED TO APPRECIATION will appeal to anyone who is looking for a guide to feeling motivated and inspired, improving productivity, and feeling happier, with clear, actionable advice and intimate stories from Timm's life. Timm has built his second career off reframing daily tasks and activities as simple as getting out of bed, riding the subway, opening up your laptop, and spending quality time with family and loved ones. Think of Timm as the Casey Neistat of TikTok, striking the perfect balance of motivational and authentic that always leaves you feeling, "I can do this too."

This book is a lifestyle and philosophy shift, written by an author with a cult-following, that will appeal to readers of books designed to help you live a better life every day, like Hal Elrod's THE MIRACLE MORNING, Ryder Carroll's THE BULLET JOURNAL METHOD, and James Clear's ATOMIC HABITS.



US Publisher: **Flatiron Books**
 UK Publisher: **John Murray**
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Personal Development
 Territories Sold: **Spain**

Rights Contact: Kathryn Toolan
Primary Agents: Mia Vitale / Sarah Passick



Timm is an Emmy award winning creative with a decade of executive experience in marketing, production and creative services, and has a remarkable resume of solving complex business problems. Timm is also an idiot savant in the social media world. With a track record of making unnecessary yet inspiring content that started in earnest in 2020, Timm has found himself in the odd world of being TikTok famous in present day. With over 1,000,000 followers across all platforms, he has haphazardly yet genuinely invigorated his follower's perspective on life in a style that is distinctly his own.

THE NOVELTY RULE

Liz Moody

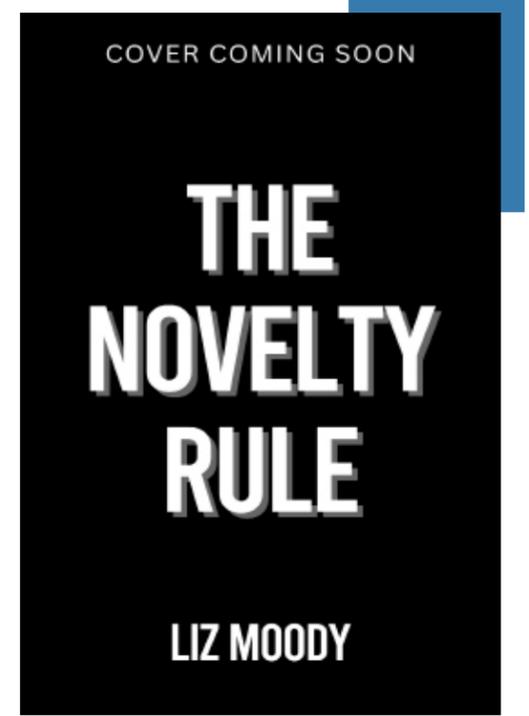
The new tool to take back control over your relationships, your career, your health and build the fulfilling, enjoyable, memorable life you deserve—no matter what the world throws your way.

These days, it feels like the world is changing more rapidly than ever. Our work, our relationships, and our politics are moving faster than we can keep up. Most people try to overcome change by building better habits to control more of their lives. Or, they try to grit their teeth and power through it. But a simple mindset shift can be a far more powerful approach.

With the accessible, science-backed approach that has won her millions of listeners and fans, Liz Moody shows why change is inherently good. Change forces us to pay attention. Attention imprints memory, and memory is what makes our time feel longer and our life feel more meaningful. As Liz explains, when you seek out change — whether by adding novelty to our lives or discovering the novelty that is already there—you feel more connected, more motivated, and happier. You stop focusing on what you can't control, and you start seeing change as an opportunity you can use to create a fulfilling life.

Backed by insights from world-renowned experts (many of whom have appeared on The Liz Moody Podcast) and stories from the most successful and resilient people in the world, Liz will show readers how to apply "the novelty rule" to:

- Uncover purpose, meaning, and real paths to success at work.
- Create deep and satisfying friendships that actually fit into your busy life.
- Fall in love with your partner again.
- Feel energized, healthy, and vibrant.
- Reduce stress.
- And build resilience when facing major life change.



Publisher: **Harper Wave**
 Release Date: **Spring 2027**
Self-Help

Rights Contact: Olivia Malesco
Primary Agents: Celeste Fine / Ben Kaslow-Zieve



Liz Moody is a science journalist, wellness expert, speaker and bestselling author. She is the founder and host of The Liz Moody Podcast, a research-backed wellness podcast dedicated to helping women live their healthiest, happiest life. Launched in 2019, the podcast is downloaded 1.25 million times per month and has become one of the top-rated health & wellness podcasts across platforms. In 2023, Liz published her first nonfiction book, 100 WAYS TO CHANGE YOUR LIFE which was a USA Today bestseller, announced in People Magazine and praised by Tara Schuster and Rich Roll, among others. She lives in California.

HEALING THE SUCCESS WOUND

Align Your Ambition, Find Lasting Career Fulfillment, and End the Cycle of Never-Enough

Brooke Taylor

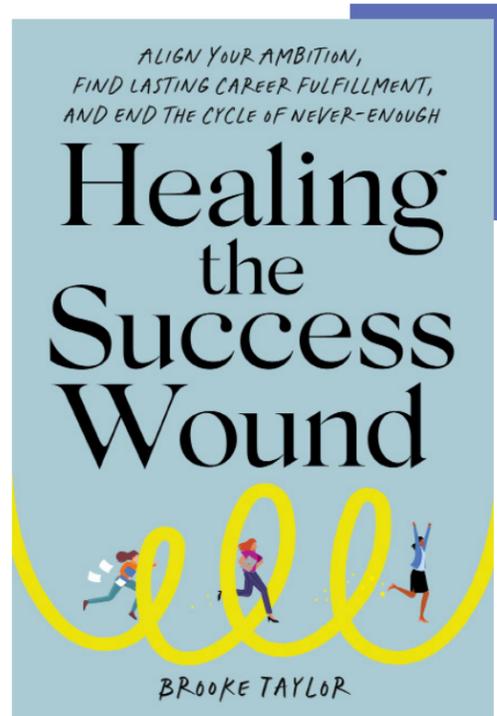
A revelatory five-step process to help women heal “the success wound,” the pain that comes from mistaking success for self-worth, to achieve both personal and professional health and success.

While women today are still supposed to “have it all,” being a successful woman still means sacrifice, and for many of us, a heaping scoop of self-doubt as we find ourselves equating our self-worth with our professional success—our success wound. Brooke Taylor knows this all too well: her success wound nearly ruined her promising career at Google and devastated her sense of self. After taking a step back and honestly assessing her own beliefs, she developed a 5-step program to help other women (1) diagnose their success wound (2) discern their toxic success wound strategies (3) heal their success wound (4) create a new, internally-guided definition of success and (5) take aligned action towards this vision.

Readers will be ready to adopt a new paradigm of success: aligned ambition, the state of harmony and fulfillment that comes from following the directions of your True Self rather than society. After all, the world needs ambitious women who are tuned into their internal guidance system and turned on to a more conscious definition of success. And women’s ambition that is aligned with something greater than patriarchal ideals will change the world.

Praise for HEALING THE SUCCESS WOUND:

“Brooke Taylor rightly encourages women leaders to bring ALL of themselves in work, family and life. This includes the deepest source of knowing, our spiritual awareness.”—Lisa Miller PhD, Bestselling Author of THE AWAKENED BRAIN and Professor at Columbia University



US Publisher: **Balance/Hachette**
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 Release Date: **May 25, 2026**
Personal Development

Rights Contact: Kathryn Toolan
Primary Agents: Mia Vitale / Sarah Passick



Brooke Taylor is a career coach, speaker, and former Marketing Lead at Google. In the crowded space of career coaching, she is distinguished as an expert in helping transform the lives and careers of over 5,000 high-achieving female leaders at companies like Google, Uber, Coinbase, McKinsey, Goldman Sachs, and Salesforce through healing their success wound. While other thought leaders have talked around the insatiable need for success and validation, she is the first to package it and name it as the “Success Wound.” She lives in Los Angeles with her husband and son.

IT BEGINS WITH YOU NOW

The Workbook

Jillian Turecki

Based on the acclaimed New York Times bestseller IT BEGINS WITH YOU comes the official companion journal to give you the tools to practically work through the beloved relationship coach, teacher, and podcast host of Jillian on Love’s nine truths about love and self-acceptance, with powerful self-healing techniques and strategies to repair your relationship with yourself and start building the reward relationships you deserve.

IT BEGINS WITH YOU NOW features exercises including Your Love Life Inventory, The Pattern Recognition Deep Dive, and The Responsibility Inventory, and journal prompts guiding you to Take Ownership, Begin the Change, and more.

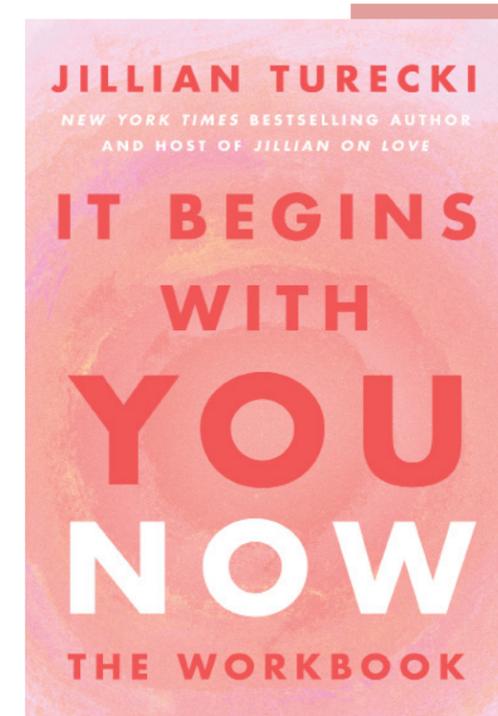
Praise for IT BEGINS WITH YOU:

“[IT BEGINS WITH YOU] gives readers strategies to find the love they deserve. By the end, you’ll understand why so many turn to [Jillian] for advice.” —Oprah Daily

“IT BEGINS WITH YOU asks us to reimagine the way we relate to others, to go deep enough to awaken our conscious selves to help us define the love we want.” —Dr. Shefali, author of RADICAL AWAKENING and THE PARENTING MAP

“IT BEGINS WITH YOU holds your hand for the crucial first step in shaping the relationship of your dreams: getting to know yourself. Jillian’s first book is a must-read for all seeking grounded, inspired connection. This book will accelerate your growth and help you deepen your relationship.” —Yung Pueblo, #1 New York Times bestselling author

“[Jillian’s] such a palette cleanser: She’s calm, collected, eloquent, and actually hopeful.” —Ali Kriegsman, author of HOW TO BUILD A GODDAMN EMPIRE



US Publisher: **HarperCollins**
 UK Publisher: **Hachette UK/Orion Spring**
 Release Date: **May 5, 2026**
Personal Development

Rights Contact: Kathryn Toolan
Primary Agents: Mia Vitale / Sarah Passick



Fueled by an insatiable curiosity about what makes a relationship thrive, Jillian Turecki has helped thousands through her teaching and writing revolutionize their relationship with themselves so that they transform their relationships with others. Between Jillian’s podcast, “Jillian on Love,” her newsletter, “Love Weekly,” and her social media community, Jillian reaches millions of people who seek her actionable, compassionate, direct, and research-driven insight. As the founder of Jillian Turecki Coaching, Jillian has changed the lives of countless individuals and couples around the world through her transformative workshops, courses, and one-on-one coaching sessions.

REPAIR

Baya Voce

Relationships don't end because of conflict; they end because we don't know how to heal after it. In her first book, relationship expert Baya Voce, teaches the one skill everyone needs to sustain long-term relationships: repair.

27 years ago, bestselling author John Gottman taught us the importance of repair in THE SEVEN PRINCIPLES OF MAKING MARRIAGE WORK, which has sold millions of copies and is still one of the most important tools in every good couple's therapist's toolkit. As Gottman explains, repair is the skill of coming back together after conflict: Restoring safety, rebuilding trust, and keeping one fight from becoming a pattern of disconnection. But repair in 2026 looks much different than it did in 1999.

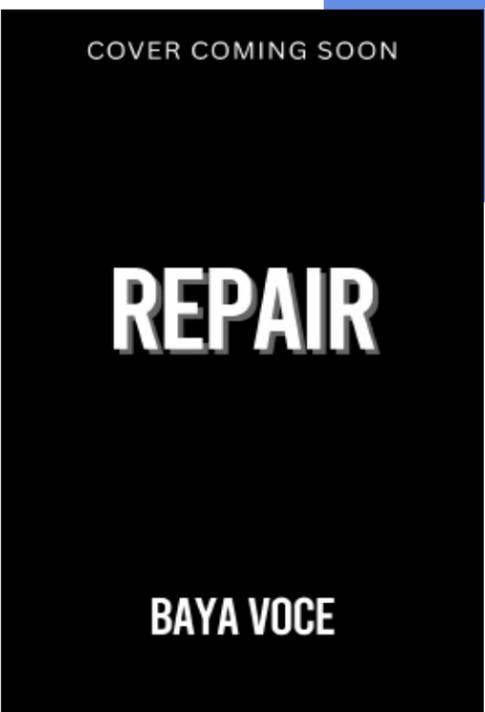
Today, experts like Baya know that repair is not just a psychological and interpersonal skill. It is a physiological skill, too. When we fight, our nervous system reacts as if we're in danger, adrenaline floods our body, and we can't think clearly enough to use the repair skills we need.

Baya's work combines pioneering therapists like Gottman with the latest neuroscience to create a new framework that people can actually use to improve their relationships with their friends, their family, or their partners. In her first book, she breaks this process into an easy-to-understand guide that readers can follow to create effective repair – no matter what their fight looks like.

Praise for REPAIR:

"REPAIR is the first book to bring together the best of psychological and relational practices with physiology." —neuroscientist and host of Huberman Lab Andrew Huberman, Ph.D.

"Baya Voce understands human behavior, and more significantly, human relationships, better than most people I know in the space. A gift to us all."—New York Times and Wall Street Journal bestselling author, inspirational speaker, and optimist Simon Sinek



US Publisher: **The Dial Press/PRH**
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Self-Help
 Territories Sold: **Germany, Romania, Spain (Catalan)**

Rights Contact: Olivia Malesco
Primary Agents: Celeste Fine / Ben Kaslow-Zieve

• Sold in a 7-figure deal at auction

NONFICTION COOKBOOK: HIGHLIGHTS



Baya Voce is one of the leading relationship experts and counselors of her generation. Her Instagram account, launched last year, has already reached over 320k followers in less than 12 months and her TikTok reaches another 115k. She speaks regularly on stages from SXSW to Eudemonia. Trained at Columbia University, with advanced training under Terry Real, and ongoing mentorship in a supervision group led by renowned couple's therapist, Esther Perel, Baya combines the depth of therapeutic techniques with the practicality and directness of coaching. She is based in Austin, Texas.

PROTEIN

A Straightforward Guide to Selecting, Preparing and Cooking Meats and Seafood

Andy Hearnden

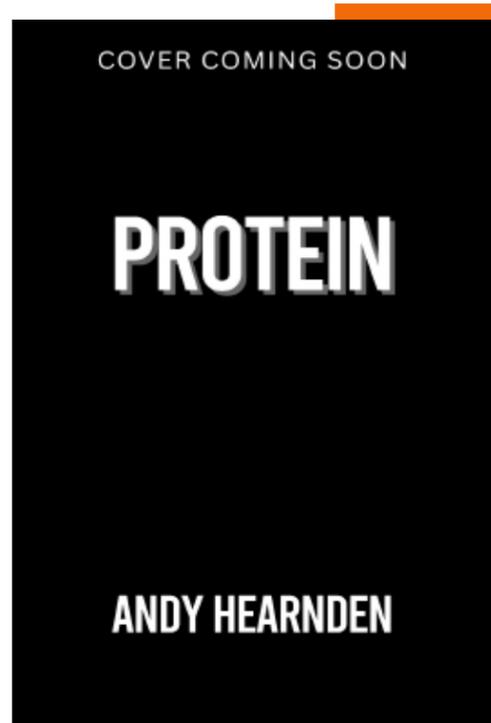
You may recognize Andy as @AndyCooks, trained chef and content creator who reaches nearly 20 million followers across platforms, including 6.1M on YouTube (where he posts longform content that receives millions of views), 4.6M on Instagram, 6M on TikTok, and 2.8M on Facebook.

Across all of Andy's comment sections and DMs, the most common questions he receives are about how to cook protein—and the best way to answer those questions is with this book. PROTEIN will empower readers to cook protein with confidence, demystifying techniques and building skills that make the process approachable and enjoyable. When you master cooking protein, you unlock the foundation of any great meal. It's not just about getting it right — it's about transforming your entire cooking experience. With the right knowledge, anyone can turn a daunting task into a delicious success. PROTEIN will offer clear step-by-step guidance for how to select the right cut of meat, understand the grain, time your seasoning, and rest with intention, with chef-level techniques, and recipes that are practical and doable in a home setting.

In 2023, Andy self-produced his first cookbook, ANDY COOKS: THE COOKBOOK, which was published via a direct-to-consumer model, solely available for sale through his Australia-based publishing partner's website. To date, he has sold over 40,000 copies without any marketing or promotion beyond his own social channels. Andy has also launched his own in-house product brand, featuring limited-edition releases of items like kitchen scrapers, protein presses, and aprons. To date, he has sold over 10,000 units, generating more than \$500,000 in revenue.



After honing his skills at the Auckland Hotel and Chefs Training College, Andy Hearnden went on to work at world renowned kitchens, including Tom Aikens' Tom's Kitchen in London and Richard Branson's Babylon in Kensington. His career has spanned the globe, from New Zealand to Sydney, Melbourne, and beyond, where he has shaped the culinary landscape at iconic restaurants like St. Ali and Entrecôte. Andy has now transitioned from the kitchen to the digital world, becoming a prominent food content creator with nearly 20 million subscribers and followers, and won numerous accolades including YouTube Australia's Top Creator in 2023.



US Publisher: **Clarkson Potter/PRH**
 UK Publisher: **Ebury/PRH UK**
 Release Date: **Fall 2027**
Cookbook

Rights Contact: Kathryn Toolan
Primary Agents: Mia Vitale / Sarah Passick

- Sold in a highly competitive auction
- His previous self-published cookbook sold over 40K copies

IN SEASON

125+ Sweet and Savory Recipes Celebrating Simple, Fresh Ingredients

Lisa Steele

Bright, vibrant, and packed with flavor, these simple seasonal recipes are your ultimate go-to for delicious, feel-good meals that won't break the bank.

Lisa Steele—cookbook author, fifth-generation chicken keeper, Maine Master Gardener, and founder of Fresh Eggs Daily—is back with fresh, flavorful recipes that are simple to make and anything but basic. With her bold, seasonal flavors and beautifully crafted meals, Lisa brings her celebrated no-fuss, high-impact cooking style, inspired by the best each season has to offer.

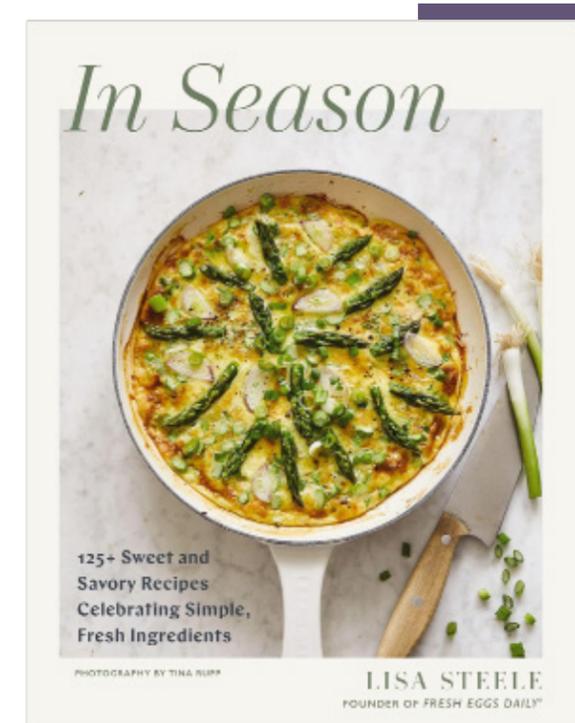
From the light and bright dishes of spring and summer to warm, comforting recipes for fall and winter, every recipe highlights nature's best and feels like a treat. Expect colorful salads, satisfying soups, vibrant veggies, delicious sides, delectable desserts, creative cocktails and mocktails.

- Seasonally Inspired: Explore 125 + recipes inspired by your local farmer's market!
- Budget-Friendly: Save money by sourcing locally and cooking with what's in season.
- Instructional and Transformative: Find out what's in season when, how to best store your produce, and how to grow and harvest herbs.
- Regionally Inspired: Lisa's Scandinavian roots and New England way of life shine through in every chapter.

Lisa Steele's approachable methods and expert tips make seasonal cooking an easy and rewarding experience for cooks of all levels. Whether you're a seasoned foodie, home gardener, or just love a good brunch, IN SEASON will inspire you to create flavorful dishes that celebrate the best of every harvest.



Lisa Steele is an author, popular media personality, and creator of the blog Fresh Eggs Daily, the premiere online resource for chicken-keeping advice. Lisa has amassed an audience of nearly one million worldwide, who look to her for tips on raising backyard poultry naturally, gardening tips, and her coop-to-kitchen recipes. Dubbed "queen of the coop" by the media, Lisa has been recognized by many national media outlets, including the Wall Street Journal, Forbes, USA Today, Country Living, the Farmers Almanac, and Parade. As a television and radio personality, Lisa has appeared on the Hallmark Channel's Home and Family show, Martha Knows Best on HGTV, NPR's Maine Calling, and P. Allen Smith's Garden Home on PBS. She also hosts her own "country lifestyle" show Welcome to My Farm on CreateTV.



Publisher: **Harper Celebrate**
 Release Date: **Fall 2027**
Cookbook

Rights Contact: Kathryn Toolan
Primary Agents: Mia Vitale / Sarah Passick

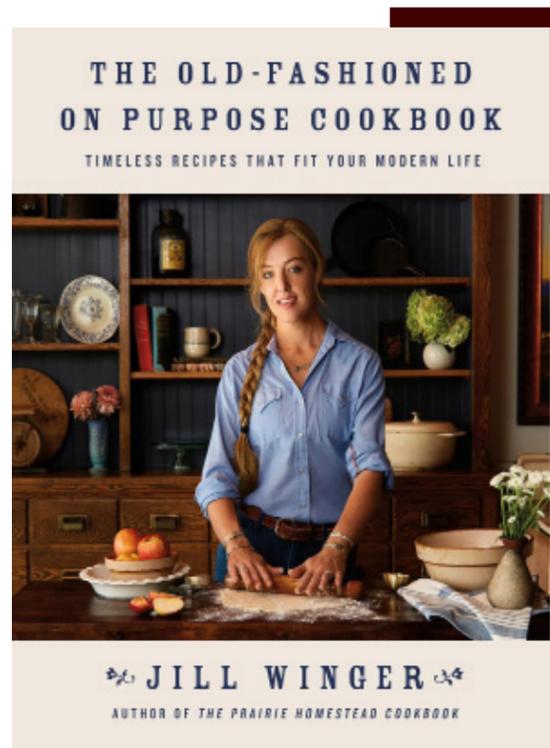
THE OLD-FASHIONED ON PURPOSE COOKBOOK

Jill Winger

Jill Winger, creator of the award-winning blog The Prairie Homestead and author of THE PRAIRIE HOMESTEAD COOKBOOK returns with THE OLD-FASHIONED ON PURPOSE COOKBOOK, featuring over 100 new recipes, guides, tips, and tricks from the homesteading tradition.

As a young newlywed, Jill Winger asked herself a simple question: "Why do we have to live like everyone else?" Determined to find the answer, she and her husband impulse-bought a neglected farmstead in Wyoming, where they learned to make compost, build and tend gardens, and raise livestock. It was hard work, but along the way, they noticed that slowing down, working with intention, and reconnecting to the natural world was changing their lives in more ways than they had anticipated. "The fresh bread and colorful eggs hook us," she's said, "but the deep sense of meaning keeps us coming back for more."

In the decade since, Jill has helped thousands of families learn how to grow their own food, ditch the grocery store, and live the Old-Fashioned, On Purpose lifestyle through her popular blog, The Prairie Homestead and her beloved cookbook, THE PRAIRIE HOMESTEAD COOKBOOK. Now, she returns with THE OLD-FASHIONED ON PURPOSE COOKBOOK—a collection of over one hundred new recipes, guides, and tips to bring the homesteading experience into your kitchen and your life. Inside, you'll find classic American comfort food and updated crowd pleasers for every meal, from "No Fuss Granola" and "From Scratch Breakfast Sandwiches" to homestyle chicken pot pie, Jill's fool-proof sheet pan dinner formula, old-fashioned ice cream soda, and chocolate cobbler, and money-saving, life-changing instructions for milling your own flour, stocking your pantry, and quick-pickling any vegetable under the sun—and more!



Publisher: Flatiron Books/Macmillan
 Release Date: **October 6, 2026**
Cookbook

Rights Contact: Kathryn Toolan
Primary Agent: Sarah Passick

NONFICTION NARRATIVE: HIGHLIGHTS



Jill Winger is the founder of The Prairie Homestead, one of the foremost homesteading websites since 2010. She is dedicated to helping others learn how to grow their own food and live a more fulfilling, old-fashioned life. Her authentic storytelling has won the hearts of millions of homesteaders across social media and through the top-ranked Old Fashioned on Purpose podcast, which has amassed over 5 million downloads since its inception. In 2019, she published her best-selling cookbook, THE PRAIRIE HOMESTEAD COOKBOOK, which was an Amazon Editor's pick and won its category in the 30th Annual Reading the West Book Awards. Her second book, OLD-FASHIONED ON PURPOSE will publish in October 2026.

NO ONE LOVES AN ANGRY WOMAN

On Faith, Culture, and Feminine Rage

Gemma Hartley

This is a coming-of-age story. Author and journalist Gemma Hartley grew up in a conservative Christian community where she was taught to see herself as a supporting character in her own life, on earth to serve not only Jesus, but all of the men in her world.

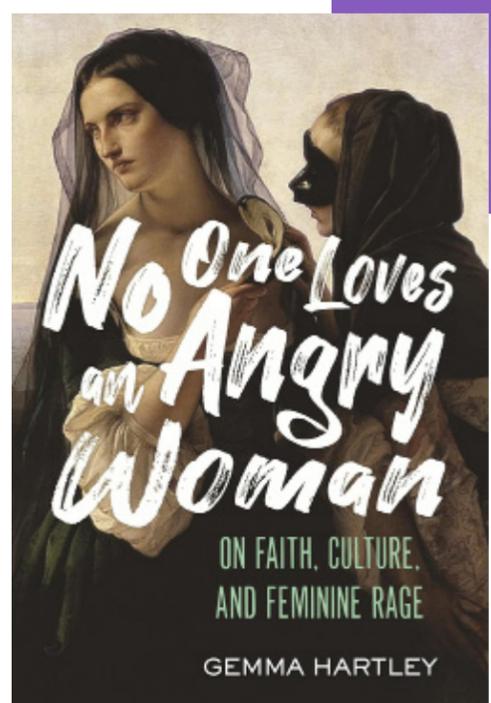
In essays in this book, Hartley will investigate the ties between the Christian community in which she was raised and how Christian extremism affects every aspect of women's lives in secular American society today—even non-Christians. Hartley's writing is visceral and sharp as she address the complex emotions surrounding active shooter drills at her children's school, the loss of identity after becoming a mother, the rage she felt after her OB-GYN told her that her miscarriage was "just like an abortion," processing her loss of faith as her teenage son finds Christianity, and an expanded version of her viral Huffington Post essay on "wine moms."

NO ONE LOVES AN ANGRY WOMAN will speak to readers of books that expose the seedy underbellies of communities thought of as niche, like EDUCATED by Tara Westover, and a desire to find new lenses into the structures of our society like ON OUR BEST BEHAVIOR by Elise Loehnen, THE MAKING OF BIBLICAL WOMANHOOD by Beth Allison Barr, and QUIT LIKE A WOMAN by Holly Whitaker.

Praise for Gemma Hartley's FED UP:

"A passionate and personal assessment of the nature and costs to women of 'emotion management and life management combined'...There is much here likely to engage, comfort, and possibly help women who share Hartley's fed-up feelings." —Publishers Weekly

"Female readers will undoubtedly relate to the many first-person anecdotes of women obliviously or resentfully doing the draining work of emotional labor. But this is a book for men, too. To break the cycle, men need to step up to the plate. And then put it in the dishwasher." —Booklist



Publisher: Beacon Press
 Release Date: September 22, 2026
 Narrative

Rights Contact: Kathryn Toolan
 Primary Agents: Mia Vitale / Sarah Passick



Gemma Hartley is the author of FED UP: Emotional Labor, Women, and the Way Forward. Her work has been featured in outlets including Harper's Bazaar, Women's Health, Glamour, The Washington Post, CNBC, Redbook, Cosmopolitan, Good Housekeeping, Teen Vogue, The Huffington Post, and more. She is an experienced interviewee, speaker, and podcast guest, and has made appearances on shows including Good Morning America and Cheryl Strayed's Dear Sugars. She lives in Reno, Nevada.

LOVE, FINALLY

Untangling The Knot Between Mothers, Daughters, and Food

Geneen Roth

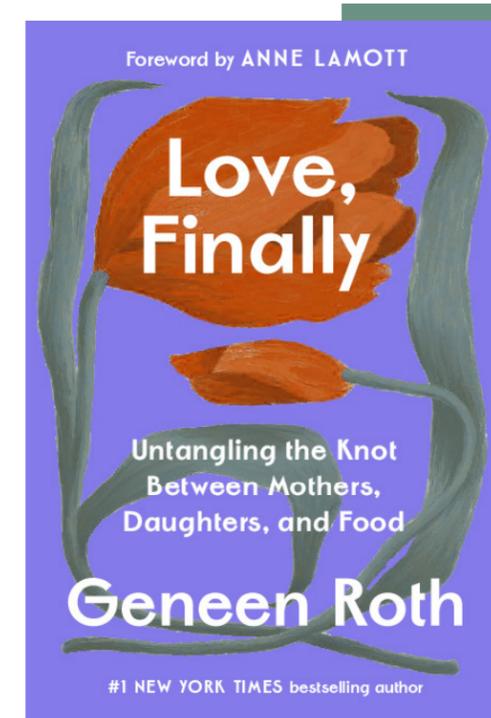
An illuminating inquiry into the complicated relationship between what we eat, what our mothers taught us, and what we believe about ourselves—from the #1 New York Times bestselling author of WOMEN, FOOD AND GOD.

For nearly four decades, Geneen Roth has been a trusted voice guiding women to give up dieting and end compulsive eating. Her books have sold millions of copies, and her workshops have months-long waiting lists. But only recently, when she was diagnosed with cancer, did she begin to understand how deeply entwined her feelings about her body are with her relationship to her mother. And, she realized, this is true for almost every woman: the voice inside our heads, the voice we use to talk to ourselves, the voice that criticizes the size of our thighs or the softness of our stomachs—these are all-too-often the voices of our mothers.

Roth was determined to untangle her sense of self from her mother's judgement. Working with a blind, eighty-six-year-old wisewoman, Roth learned to distinguish between her mother's influence and her own, truer inner knowing. Roth began to see that it was not what her mother said or did that made her unhappy, but what Roth believed about herself because of what her mother said or did. For the first time, Roth understood that peace does not depend on external circumstances—you do not need to wait for someone else to change—it relies only on what you yourself choose to believe.

Written in her signature style—funny, self-deprecating, and soulful—LOVE, FINALLY is Roth's story of discovering the deeper awareness that set her free. This transformative, healing book is an essential roadmap for anyone who wants to repair their relationships with food, their families, and themselves. It is a stunning illustration of an essential truth: it takes a lifetime to return to where you've always been.

Praise for LOVE, FINALLY:
 "An inspiring memoir. No matter how deep and overwhelming problems might seem, hope and healing are always possible." —Booklist



Publisher: Dial Press
 Release Date: April 21, 2026
 Biography/Memoir, Self-Help

Rights Contact: Kathryn Toolan
 Primary Agent: Celeste Fine



For over forty years, Geneen Roth has worked with thousands of people, helping them transform difficult relationships with food and their body. One of the originators of the intuitive eating movement, her pioneering approach uses food and eating as a doorway to spirituality and deeply personal and spiritual issues such as forgiveness and trust in the unseen that go far beyond food, weight and body image. Geneen is the author of ten books, and has appeared on: Super Soul Sunday, The Oprah Show, 20/20, The View, The Today Show, and Good Morning America.

THE ELUSIVE BODY

Patients, Doctors, and the Diagnosis Crisis

Alexandra Sifferlin

A compelling, necessary, and timely investigation into the diagnosis crisis in the American healthcare system, from the patients living with undiagnosed illnesses, to the doctors searching for answers, and what their quests reveal about our flawed medical system.

Millions of Americans live with conditions that elude diagnosis, often navigating a healthcare system that fails to recognize or effectively address their suffering. Journalist Alexandra Sifferlin has spent years investigating the diagnosis crisis in America—what it means to live without an accurate diagnosis and how both medical and patient communities are working to improve the diagnostic process. The National Institutes of Health's Undiagnosed Diseases Network, a series of clinics of last resort where physicians and researchers work tirelessly to solve some of medicine's most confounding cases, is at the forefront of change, showing what's possible when healthcare providers and scientists are freed from the bureaucracy of a system beholden to insurance companies, and encouraged to work together with the aim of solving some of medicine's most perplexing mysteries.

A correct diagnosis is more than a label; it's a lifeline that opens doors to treatment options, financial support, and an understanding community. Weaving the profound, maddening, and uplifting stories of patients seeking answers to unexplainable symptoms, the doctors trying to help them, and the latest research on diagnosis, THE ELUSIVE BODY illuminates the diagnostic journey, revealing why diagnoses matter and how they have the power to transform lives, the medical system, and even society, one case at a time.

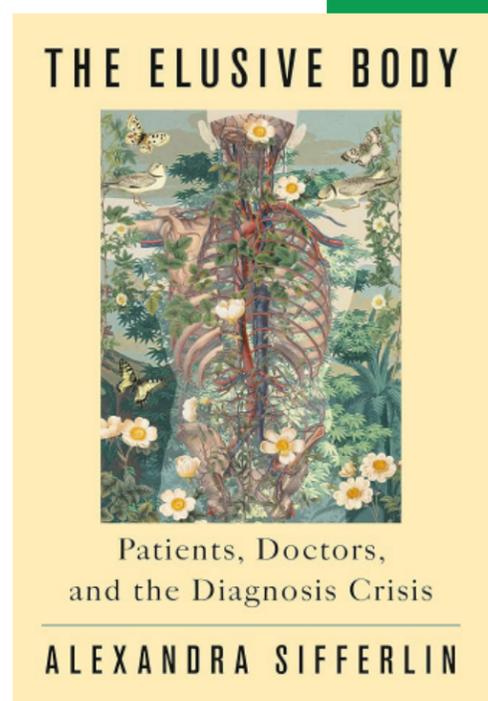
Praise for THE ELUSIVE BODY:

"Sifferlin, masterfully illuminates the reasons for these failures, with their profound adverse health implications, and how we can markedly improve in the future."
—Eric Topol, MD

"Entertaining, enlightening, and in addition timely."—Tracy Kidder, Pulitzer Prize-winning author of MOUNTAINS BEYOND MOUNTAINS



Alexandra Sifferlin is an editor leading health and science coverage for The New York Times Opinion desk. She is a former deputy editor of the health publication Elemental, and staff writer at Time, where she covered medicine and public health. Sifferlin lives with her family in Brooklyn, NY.



Publisher: Viking
Release Date: March 31, 2026
Narrative, Health

Rights Contact: Kathryn Toolan
Primary Agent: Celeste Fine

THE PINK MARINE

One Boy's Journey Through Boot Camp to Manhood

Greg Cope White

NEW AUTHOR TO AGENCY

Now a Netflix TV Show "BOOTS"

In Greg Cope White's sharp, funny, and unexpectedly moving memoir, he recounts how an insecure New Orleans weaking transforms into a Devil Dog Marine. A coming-of-age story set in the most unlikely place: boot camp.

Right out of high school, aimless nineteen-year-old Greg Cope White is drifting through life and junior college in Dallas, TX. When his lifelong best friend announces that he'll be joining the U.S. Marines and shipping out to thirteen weeks of bootcamp for the summer, Greg latches onto the words "summer" and "camp," and with nothing better to do, decides to enlist as well. The only problem? He's underweight, unathletic, and gay. Years before "don't ask, don't tell," it's illegal to be gay in the military, and Greg signs his six-year contract knowing that he could get in serious trouble if his identity is revealed.

Thus begins a journey into adulthood—from the horrors of communal showers and pullup challenges to the triumphs of wilderness survival and weapons training—that is punctuated with equal parts hilarity and heartbreak. As boot camp wears on, Greg, first terrified of being discovered, comes to learn that everyone who joins the marines feels like an outsider. But it will take weeks of blood, sweat, and tears before he and his fellow recruits find everything they've been missing—be it purpose, self-acceptance, or a family—with each other.



Release Date: February 7, 2016
Memoir

Rights Contact / Primary Agent:
Kimberly Brower



Greg Cope White is a former sergeant in the U.S. Marine Corps, an author, and a film and TV writer and producer. His memoir, THE PINK MARINE, has been adapted into a Netflix series, where Greg serves as a writer and Executive Producer. He is highly motivated about LGBTQ and veteran rights, and is featured in the PBS docuseries American Veteran and published in the military journal Zero Dark Thirty. An avid cook, Greg's popular blog about his kitchen adventures led to contributing to Huffington Post and hosting a show for Food Network. His screenwriting credits include three Netflix original films and projects for HBO, CBS, NBC, Disney, Fox, and Sony.

MASTERS OF UNCERTAINTY

The Navy SEAL Way to Turn Stress into Success for You and Your Team

Rich Diviney

IN CASE YOU MISSED IT: NONFICTION

Retired Navy SEAL commander and performance expert Rich Diviney reveals a revolutionary method for training individuals and teams to perform at their best, no matter what. Foreword by Andrew Huberman.

For Navy SEALs, success isn't only a result of relentless training in shooting, skydiving, or combat—though they are experts at those things. The real secret is that they use their innate human capabilities to turn the stress of uncertain and complex situations to their advantage. In more than two decades of leading, training, and coaching top performers, Rich Diviney (founder of the SEALs' "Mind Gym") discovered that while most elite individuals and teams are masters of preparation, it's how they react when things don't go according to plan that separates the best from the rest. They are Masters of Uncertainty.

With Diviney's science-backed Mastering Uncertainty Method, you and your team will learn how to:

- Turn any uncertain or chaotic moment into an opportunity
- Use your body's natural performance engine to keep going when the going gets tough
- Stay cool and calm in the heat of any moment
- Become a person or team who gets better under pressure

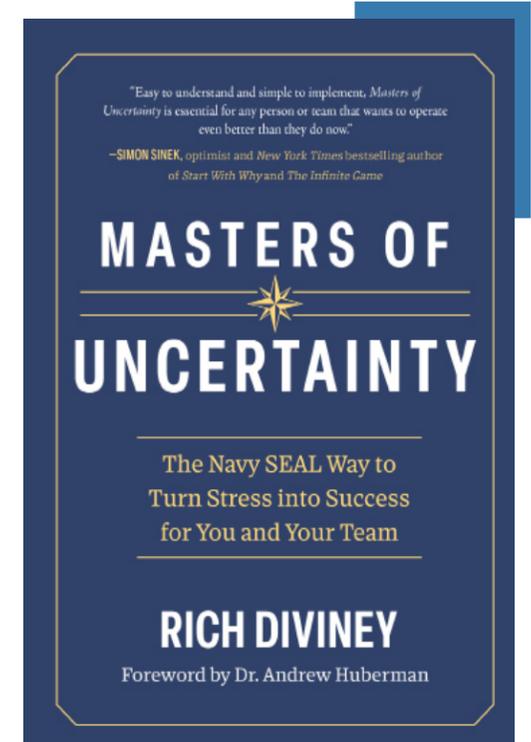
MASTERS OF UNCERTAINTY is a battle-tested handbook for everyone—working together or alone—to survive and thrive in our increasingly unpredictable world.

Praise for MASTERS OF UNCERTAINTY:

"Easy to understand and simple to implement, MASTERS OF UNCERTAINTY is essential for any person or team that wants to operate even better than they do now."—Simon Sinek, optimist and New York Times bestselling author



Rich Diviney is a bestselling author, renowned speaker, and leadership expert who draws upon more than two decades of distinguished service as a Navy SEAL Officer. Over the course of his military career, Rich completed 13 overseas deployments, including 11 to Iraq and Afghanistan. His unique perspective was honed through his role as the Officer in Charge of Training and Selection for an elite SEAL Command, where he oversaw the meticulous process of identifying and cultivating the most optimal performers from among the already exceptional.



Publisher: **Amplify Publishing**
Release Date: **February 25, 2025**
Business

Territories Sold: **Estonia**

Rights Contact: **Kathryn Toolan**
Primary Agent: **Celeste Fine**

NONFICTION: IN CASE YOU MISSED IT

THE MIRACLE MORNING AFTER 50

A Proven Path to Joy, Vitality, and Purpose for Aging Adults

Hal Elrod & Dwayne J. Clark

Discover six daily practices that have helped millions of readers reshape their lives—in this special edition of THE MIRACLE MORNING AFTER 50.

For more than a decade, Hal Elrod’s groundbreaking book THE MIRACLE MORNING and its S.A.V.E.R.S. practices have helped readers around the world live happier, healthier, more fulfilling lives with just a few simple changes to their morning routines. Now, Hal has partnered with senior living expert Dwayne J. Clark to update this time-tested, game-changing formula specifically for individuals over age 50.

Featuring new exercises, mindset techniques, activities, and more, THE MIRACLE MORNING AFTER 50 is designed to help you thrive—and make these your best years yet. In as little as six minutes a day, you will learn to:

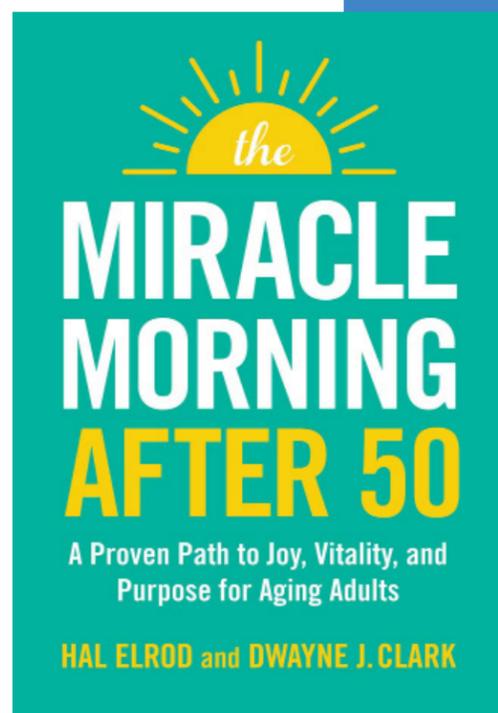
- Reframe your thoughts after major life events
- Keep your body moving with virtually any health condition
- Modify your morning routine so you become unstoppable
- Incorporate positive thinking throughout your day regardless of struggles
- Strengthen balance as you age, protecting you from sudden injuries
- Stay inspired, energized, and mentally acute
- Feel more independent and in control
- Boost energy and curiosity for extending longevity
- Live a life filled with purpose and joy

Your later years have some of the most exciting potential of your entire life—are you ready to live them to their fullest? THE MIRACLE MORNING AFTER 50 provides an expertly tailored guide to make your 50s, 60s, 70s, 80s, 90s, and even 100s the absolute best they can be.



Hal Elrod is on a mission to help individuals transform their lives and to elevate the consciousness of humanity, one morning and one person at a time. As the author of 12 books, which have sold over 3 million copies, been translated into 40 languages, and have over 30,000 five-star reviews—he’s doing exactly that.

Dwayne J. Clark has overseen the care of more than 60,000 seniors, as the Founder of Aegis Senior Living, giving him a profound awareness of aging and longevity. With nearly 40 years of senior living experience, Clark is nationally known for redefining the industry—from innovative care models and building design to novel approaches to employee engagement and creating an employee-centric culture. His mission to change perceptions about aging and assisted living is a testament to his unwavering dedication to improving the lives of seniors and fostering a culture of healthy aging for all.



Publisher: BenBella
 Release Date: December 16, 2025
 Personal Development
 Territories Sold: Brazil, Italy, Korea, Russia

Rights Contact: Kathryn Toolan
 Primary Agent: Celeste Fine

HAVING IT ALL

What Data Tells Us About Women’s Lives and Getting the Most Out of Yours

Corinne Low, PhD

It’s not in your head. It’s in the data. To be a woman today is to be overwhelmed from every angle. The data proves that the odds are still stacked against us—biologically, culturally, economically. But that same data can empower us to make choices that will reclaim our time, energy and help us find joy.

The demands on working mothers and professional women are unsustainable. We’re expected to build ambitious careers, fight for workplace equality, maintain equality at home, raise engaged children, and somehow find time for ourselves. And when we inevitably fall short? We’re told to try harder and wake up earlier.

In HAVING IT ALL Wharton economist Dr. Corinne Low uses data to prove what you’ve always suspected: the system is rigged against women. She explains HOW we got here and WHY things feel so unsustainable. Then she offers a simple framework—along with loads of tools and scripts—to help you reclaim your time and happiness.

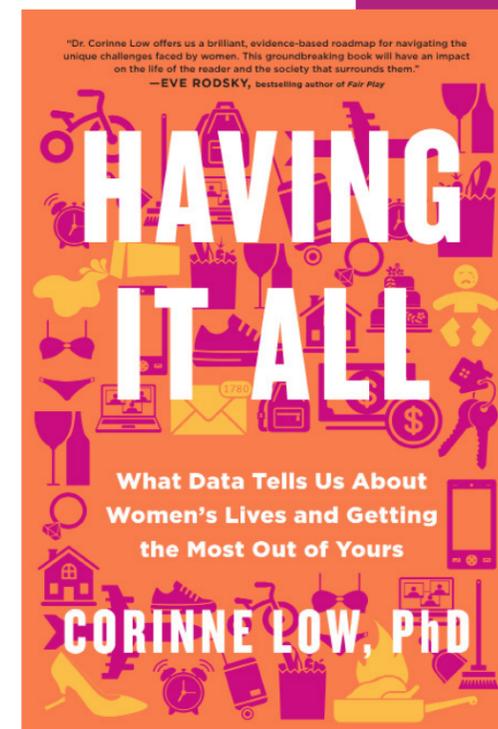
Praise for HAVING IT ALL:

“A passionate, provocative, evidence-based case for the changes needed to enable women to break through barriers. Corinne Low is an influential economist, and her book empowers women with information to boost their earning power and well-being—and gives men insights to understand and support the women in their lives.” —Adam Grant, #1 New York Times bestselling author of *Think Again* and *Hidden Potential*, and host of the *Re:Thinking* podcast

“A groundbreaking book that will have an impact on the life of the individual reader, and the society that surrounds them.” —Eve Rodsky, New York Times bestselling author of *FAIR PLAY*



Corinne Low, PhD, is an associate professor of business economics and public policy at the Wharton School, where she teaches an award-winning course on the economics of discrimination. Her research has been published in journals such as the *American Economic Review*, the *Quarterly Journal of Economics*, and the *Journal of Political Economy*. She regularly speaks to and advises companies on their practices, and her research has been featured in media outlets from *Vanity Fair* to the *Harvard Business Review*. She received her PhD in economics from Columbia University and her BS in economics and public policy from Duke University.



US Publisher: Flatiron/Macmillan
 UK Publisher: Hodder Press/Hachette UK
 Release Date: September 23, 2025
 Big Think
 Territories Sold: Brazil, China, Germany, Korea, Netherlands

Rights Contact: Kathryn Toolan
 Primary Agent: Celeste Fine

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Czech Republic, Slovakia, Slovenia	n/a	Kritin Olson Agency	Kritin Olson Agency	Kritin Olson Agency
Denmark, Norway, Finland, Iceland, Sweden	Sebes & Bisseling	Sebes & Bisseling	Sebes & Bisseling	Sebes & Bisseling
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Germany	n/a	Agence Hoffman	Agence Hoffman	Agence Hoffman
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Romania, Bulgaria, Serbia, Macedonia	ANA Sofia	ANA Sofia	ANA Sofia	ANA Sofia
Russia	ANA Moscow	ANA Moscow	ANA Moscow	ANA Moscow
Spain & Portugal	n/a	The Foreign Office	The Foreign Office	The Foreign Office
Turkey	Nurcihan Kesim	Anatolialit Agency	Anatolialit Agency	Anatolialit Agency

*A few of the agents' clients are being handled by the other set of co-agents. Please contact us if you have any specific questions.

OTHER RIGHTS GUIDES

PFB YA & MIDDLE GRADE



PFB AUTHOR CATALOG



PFB FICTION



PFB PAGE & VINE

